

# Lunch Menu

## Soups

<b>Chef's Daily Soup</b> Cup \$1.75    Bowl \$3.25 with assorted crackers	♥ <b>Low Sodium Soup</b> Cup \$1.75    Bowl \$3.25 Chef Inspired ask your server
<b>Homemade Chili</b> Cup \$1.75    Bowl \$3.25 Beef and bean chili topped with diced onions and cheddar cheese	<b>Tomato Basil</b> Cup \$1.75    Bowl \$3.25 Creamy tomato soup finished with basil

## Sandwiches and Salads

<b>Cup of any soup &amp; half sandwich</b> \$4.50 Chicken salad, tuna salad, egg salad, BLT, or grilled cheese, with choice of toasted bread	<b>Cup of any soup &amp; house salad</b> \$4.75 Your choice of dressing
♥ <b>House salad</b> full \$4.50    half \$3.00 Romaine, carrots, cucumber, red onion, feta cheese, dried cranberries, tomato, croutons – Choice of dressing	<b>Trio Salad</b> full \$6.50    half \$4.50 Chicken salad, tuna salad, or egg salad served with fresh cut fruit and banana bread
<b>Spinach Bacon Salad</b> full \$4.50    half \$3.00 Baby spinach topped with chopped bacon, red onion, cherry tomatoes and feta cheese	<b>Toasted Sandwiches</b> full \$6.00    half \$4.50 Chicken salad, tuna salad, egg salad, BLT, sliced turkey and cheese, sliced ham and cheese, or grilled cheese with choice of bread

## Entrée Salads

*Served with your choice Salmon, \*Steak, Chicken, or Shrimp*

- ♥**Harvest Apple Salad** Baby spinach topped with toasted sunflower seeds, fuji apples, dried cranberries, cherry tomatoes, red onion, feta cheese and shredded carrots full \$8.50 || half \$7.00
- ♥**Balsamic Salad** Romaine topped with Kalamata olives, parmesan cheese, hearts of palm, cherry tomatoes, red onion, cucumber and a balsamic drizzle full \$8.50 || half \$7.00
- ♥**Orange Berry Almond Salad** Romaine topped with blueberries, mandarin oranges, toasted almonds, cherry tomatoes, red onion and asiago cheese full \$8.50 || half \$7.00

*Dressings: Ranch, ♥Light Ranch, ♥Fat-Free Raspberry Vinaigrette, French, ♥Fat Free Italian, Caesar, Bleu Cheese, Honey Mustard, Poppyseed, Thousand Island, ♥Oil & Vinegar, ♥Balsamic Vinaigrette*

## Entrées

*Served with your choice of one side*

♥ <b>*Classic Cheeseburger</b> full \$7.00    half \$5.50 All beef patty grilled to your liking topped with choice of cheese, lettuce, tomato, onion and pickle	<b>Pulled Pork Sandwich</b> full only \$7.00 Braised pork shoulder tossed in Kansas City BBQ sauce topped with creamy Cole slaw on a Kaiser bun
<b>Fried Fish and Chips</b> full \$7.00    half \$5.50 Batter dipped fried pike perch fillet served with seasoned potato wedges	<b>Pastrami Rueben</b> full \$7.00    half \$5.50 Sliced Pastrami served on rye toast topped with sauerkraut, 1000 Island dressing and Swiss cheese
<b>Pesto Chicken Sandwich</b> full only \$7.00 House marinated grilled chicken breast topped with basil pesto, lettuce, tomato and red onion	<b>Monte Cristo Wrap</b> full only \$8.00 Turkey, ham, bacon and Swiss cheese wrapped in a flour tortilla fried to a golden brown topped with powdered sugar and served with strawberry jelly

## The Pizza Connection

*Served with your choice of one side*

- Classic Pepperoni Pizza** ..... full only \$7.00  
7" pizza topped with marinara sauce, mozzarella cheese and classic Italian pepperoni
- Hawaiian Pizza** ..... full only \$7.00  
7" pizza topped with marinara sauce, mozzarella cheese, smokey ham and sweet pineapple
- Meat Lovers Pizza** ..... full only \$7.00  
7" pizza topped with marinara sauce, mozzarella cheese, smokey ham, pepperoni, Italian sausage and bacon

## Side Dishes

*All side dishes \$1.50 each unless as a substitution*

Broccoli - Brussels Sprouts - Carrots - Corn - Green Beans - Peas - Vegetable or Potato of the Day - Water's Edge Seasoned Fries - Sweet Potato Waffle Fries - Onion Rings - Zucchini Fries - Breaded Green Beans - Jell-O - Mashed Potatoes - Applesauce - Cottage Cheese - Fresh Fruit - Cole Slaw

**Beverages available:** Coke, Diet Coke, Sprite, Root Beer, Apple, Orange, or Cranberry Juice, Lemonade, Regular or Decaf Coffee, Hot Tea, Unsweetened Iced Tea, Raspberry Iced Tea, V8, Whole or 2% Milk, Hot Chocolate \$1.00

Items marked with a ♥ signify the ability to adjust cooking methods, seasoning and sauces to accommodate heart healthy dietary needs.  
We add no additional salt to our prepared food.

*\*Eating raw or undercooked beef or seafood may increase your health risk*

Non-residents add 25% surcharge per person and sales tax

Winter 2023