

Lunch Menu

Soups

Chef's Daily Soup.....cup \$1.75 || bowl \$3.25
with assorted crackers
Home style Chili..... cup \$1.75 || bowl \$3.25
Beef and bean chili topped with Cheddar cheese and chopped onion

♥ **Low Sodium Soup.....cup \$1.75 || bowl \$3.25**
Chef Inspired ask your server
French Onion Soup.....cup \$1.75 || bowl \$3.25
Caramelized onions in a rich beef broth. Topped with a toasted crouton and provolone cheese

Soup Combinations

Cup of any soup & half sandwich.....\$4.50
Chicken, ham, egg salad, BLT, or grilled cheese, with choice of bread

Cup of any soup & house salad..... \$4.75
Your choice of dressing

Salad Entrées

♥ **House salad.....full \$4.50 || half \$3.00**
Carrots, cucumber, red onion, Feta Cheese, cranberries, tomato, croutons – Choice of dressing
♥ **Traditional Caesar.....full \$4.50 || half \$3.00**
Parmesan cheese & sourdough croutons
Trio Salad.....full \$6.50 || half \$4.50
Chicken salad, ham, or egg salad served with hardboiled egg, olives and tomatoes
♥ **Strawberry Bacon Salad.....full \$5.00 || half \$3.50**
Spring mix topped with fresh strawberries, bacon, tomatoes, red onion and feta cheese

♥ **Citrus Shrimp Salad.....full \$7.50 || half \$6.00**
Sautéed shrimp on a bed of romaine lettuce topped with pineapple, papaya, guava, tomato, red onion, peanuts, and feta cheese
♥ **Salmon Cobb Salad..... full \$7.50 || half \$6.00**
Salmon on romaine lettuce, hard boiled egg, tomato, onion, bacon, avocado with a creamy dill dressing
♥ **Balsamic Chicken Salad.....full \$7.00 || half \$5.50**
Mixed Greens tossed with cranberries, feta cheese, hearts of palm, tomato, Kalamata olives, and onion
Dressing Choice: Ranch, ♥Light Ranch, Caesar, Bleu Cheese, ♥Fat-Free Raspberry Vinaigrette, Honey Mustard, ♥Fat-free Italian, Balsamic Vinaigrette, Poppy Seed, 1000 Island, ♥Oil & Vinegar, French

Add any item below to any salad above

♥ **4oz. Chicken Breast \$3.00**
♥ **4oz. Salmon \$3.75**
Scoop of chicken, ham, or egg salad.....\$2.25

Sandwiches

Served with your choice of one side Water's Edge Seasoned Fries, Sweet Potato Waffle Fries, Cole slaw, Fruit Salad, Cottage Cheese or Chunky Applesauce

♥ **Water's Edge Burger ½ lb.\$7.00 || ¼ lb. \$5.50**
Flame grilled fresh burger, cooked to your liking topped with lettuce, tomato, onion and your choice of cheese. Add bacon for 50 cents
Classic Ruben Sandwich.....full \$7.00 || half \$5.50
Sliced corned beef served on rye toast topped with 1000 island dressing, sauerkraut, and Swiss cheese
Crab and Shrimp Roll.....full \$8.00 || half 6.50
Creamy crab and shrimp served on a hoagie bun with diced cabbage

Frisco Melt.....full \$7.00 || half \$5.50
Grilled beef patty sandwiched between two slices of toasted sourdough bread with Swiss cheese, sautéed onion and mushrooms and 1000 island dressing
Chicken Tender BLT.....full only \$6.00
Beer battered chicken tenders topped with smokehouse bacon, provolone cheese, lettuce, and tomato on a hoagie bun
♥ **Cranberry Almond Turkey Wrap.....Full only \$6.00**
Garden Herb Turkey with cranberry almond relish, lettuce, tomato, onion, and gouda cheese

Entrées

Served with fresh baked roll upon request and your choice of two side-dishes

Crab Cakefull(2) \$8.00 || half (1) \$6.50
Pan seared crab cake with choice of sides
Fried Fish and Chips..... Full \$8.00 || half \$6.50
Batter dipped fried perch fillet with seasoned potato wedges

Country Fried Steak.....full \$7.00|| half \$5.50
Hand breaded cube steak topped with a white country gravy
♥ **Grilled Chicken Breast.....8oz \$7.00 || 4oz \$5.50**
Marinated and Grilled

Side Dishes

All side dishes are full-cup portions and cost \$1.50 each unless a substitute

Broccoli - Brussels Sprouts – Carrots – Corn – Green Beans – Peas – Vegetable or Potato of the Day
French Fries, Sweet Potatoes Fries, House Salad, or Caesar Salad

Beverages - Coke, Diet Coke, 7-Up, Root Beer, Lemonade, Milk (whole, 2%, skim), Freshly Brewed Iced Tea, Hot regular and Decaffeinated Coffee or Tea and Herbal Tea, Hot Chocolate

Juices: Cranberry, Apple, Orange and V8 All \$1.00

Items marked with a ♥ signify the ability to adjust cooking methods, seasoning and sauces to accommodate heart healthy dietary needs. Our kitchen uses canola oil for frying, and does not add MSG. We add no additional salt to our prepared food *Eating raw or undercooked beef may increase your health risk*

