# Lunch Menu 

| Soups |  |
| :---: | :---: |
| Chef's Daily Soup...................cup \$1.75 \|| bowl \$3.25 | - Low Sodium Soup...........cup \$1.75 \|| bowl \$3.25 |
| with assorted crackers | Chef Inspired ask your server |
| Homestyle Chili..................... cup \$1.75 \|| bowl \$3.25 | French Onion Soup..............cup \$1.75 \|| bowl \$3.25 |
| House made beef and bean chili | With toasted crouton and provolone cheese |
| Sandwiches and Salad |  |
| Cup of any soup \& half sandwich.......................\$4.50 | Cup of any soup \& house salad...................... \$4.75 |
| Chicken, tuna, egg salad, BLT, or grilled cheese, with | Your choice of dressing |
| choice of bread | Trio Salad.............................full \$6.50 \|| half \$4.50 |
| マ House salad...........................full \$4.50 \|| half \$3.00 | Chicken salad, tuna, or egg salad served with |
| Carrots, cucumber, red onion, Feta Cheese, cranberries, tomato, croutons - Choice of dressing | Fresh cut fruit and banana bread <br> Toasted Sandwiches. $\qquad$ full \$6.00 \|| half \$4.50 |
| - Traditional Caesar....................full \$4.50 \|| half \$3.00 | Chicken salad, tuna salad, egg salad, BLT, or grilled |
| Parmesan cheese \& sourdough croutons | cheese with choice of bread |
| Entrée Salads |  |
| Served with your choice Salmon, Tri Tip Beef, Chicken, or Shrimp |  |
| Bacon Bleu Cheese full \$7.50 \|| half \$6.00 |  |
| Romaine topped with crispy bacon, bleu cheese, tomato, red onion, carrot, and toasted walnuts |  |
| Southwestern Salad full \$7.50 \|| half \$6.00 |  |
| Romaine topped with black beans, sweet corn, Mexican Cheese, tomatoes, red onion, and corn chips |  |
| Harvest Apple full \$7.50 \|| half \$6.00 |  |
| Romaine topped with fresh cut apple, sunflower seeds, feta cheese, dried cranberry, and red onion |  |
| Dressing choice |  |
| Ranch, $\vee$ Light Ranch, $\vee$ Fat-Free Raspberry Caesar, Bleu Cheese, Honey Mustard, , Poppy S | Vinaigrette, French, $\vee$ Fat Free Italian, , 1000 Island, $\vee$ Oil \& Vinegar, $\vee$ Balsamic |

Entrees
Served with your choice of one side Water's Edge Seasoned Fries, Sweet Potato Waffle Fries, Cole slaw, Fruit Salad, Cottage Cheese or Chunky Applesauce

- Water's Edge Burger $\qquad$ $1 / 2 \mathrm{lb} . \$ 7.00$ || $1 / 4 \mathrm{lb} . \$ 5.50$
Flame grilled fresh burger, cooked to your liking topped with lettuce, tomato, onion and your choice of cheese. Add bacon for 50 cents
Shrimp and Chips. $\qquad$ ..full \$8.00 || half 6.50
Hand battered shrimp served with seasoned potato wedges
Fried Fish and Chips. $\qquad$ full \$8.00 || half 6.50
Batter dipped fried perch fillet with seasoned potato wedges
Tomato Chicken Sandwich..........full \$7.00 || Half \$5.50


## BBQ Pork Melt.

$\qquad$ ..full only $\$ 7.00$

Lightly grilled chicken breast served on a toasted Hoagie topped with sundried tomato pesto. Finished Lightly seared pork cutlet topped with sautéed peppers, onions, and mushrooms. Finished with Kansas City BBQ and melted provolone Queso Steak Sandwich. $\qquad$ full only $\mathbf{\$ 7 . 0 0}$ Tender cuts of beef tips sautéed and tossed with queso sauce and fresh salsa. Served on a toasted hoagie bun
Tuna Melt .full \$6.50 || half \$5.00 Grilled white bread with melted American cheese, sliced tomato, and house made tuna salad Classic Ruben Sandwich.........full \$7.00 || half \$5.50 Sliced corned beef served on rye toast topped with 1000 island dressing, sauerkraut, and Swiss cheese

## Signature Wraps

"Available at lunch only"

## Served with your choice of one side

Philly Steak \$7.00
Sautéed beef tips tossed with peppers, onions, mushrooms, and queso. Finished with lettuce and tomato
Honey Mustard Turkey $\$ 7.00$
Thin sliced turkey breast topped with honey mustard sauce. Finished with Cheddar, bacon, lettuce, onion, and
tomato
Baja Chicken $\$ 7.00$
Grilled chicken breast topped with our signature Baja sauce. Finished with sweet corn, black beans, Mexican cheese, lettuce, tomato, onion, and Fritos

## Side Dishes

All side dishes are full-cup portions and cost $\$ 1.50$ each unless a substitute
Broccoli - Brussels Sprouts - Carrots - Corn - Green Beans - Peas - Vegetable or Potato of the Day
French Fries, Sweet Potatoes Fries, House Salad, or Caesar Salad
Beverages - Coke, Diet Coke, 7-Up, Root Beer, Lemonade, Milk
(whole, 2\%, skim), Freshly Brewed Iced Tea, Hot regular and
Decaffeinated Coffee or Tea and Herbal Tea, Hot Chocolate Juices: Cranberry, Apple, Orange and V8 All \$1.00

## Dinner Menu

（Our lunch menu is also available upon request）

## Soups

| Daily Soup ．．．．．．．．．．．．cup \＄1．75｜｜bowl \＄3．25 | Homestyle Chili．．．．．．．．．．．．．．．．．cup \＄1．75｜｜bowl \＄3．25 |
| :---: | :---: |
| Assorted Cracker | House made beef and bean chili |
| VLow Sodium Soup．．．．．．．．．．cup \＄1．75｜｜bowl \＄3．25 | French Onion Soup．．．．．．．．．．．．．．cup \＄1．75｜｜bowl \＄3．25 |
| Chef Inspired ask your server | With toasted crouton and melted provolone |
| Salads \＆Sandwiches |  |
| $\checkmark$ House salad． $\qquad$ full \＄4．50｜｜half \＄3．00 carrots，cucumber，red onion，feta cheese， tomato，cranberries，croutons－Dressing Choice －Traditional Caesar． $\qquad$ ．full \＄4．50｜｜half \＄3．00 Parmesan cheese and sourdough croutons | Cup of any Soup \＆House Salad $\qquad$ $\$ 4.75$ <br> your choice of dressing <br> Cup of any Soup \＆Half Sandwich $\qquad$ ．$\$ 4.50$ <br> Chicken，tuna，egg salad，BLT，grilled cheese，or deli sandwich with choice of bread |
| Entrée Salads <br> Your choice of Salmon，Shrimp，Chicken，or Tri Tip Beef Bacon Bleu Cheese full $\mathbf{\$ 7 . 5 0}\|\mid$ half $\$ 6.00$ |  |
| Romaine topped with crispy bacon，bleu cheese，tomato，red onion，carrot，and toasted walnuts |  |
| Southwestern Salad full \＄7．50｜｜half \＄6．00 |  |
| Romaine topped with black beans，sweet corn，Mexican Cheese，tomatoes，red onion，and corn chips |  |
| Harvest Apple full \＄7．50｜｜half \＄6．00 |  |
| Romaine topped with fresh cut apple，sunflower seeds，feta cheese，dried cranberry，and red onion |  |
| Dressing choice |  |
| Ranch，マLight Ranch，『Fat－Free Raspberry Vinaigrette，French，『Fat Free Italian， |  |
| Fresh Seafood <br> wheat roll upon request and the choice of two side dishes Cocktail，Old Bay Butter，or Lemon Wedges |  |
| マWild Caught Perch．．．．．．．．．．full \＄8．50｜｜half \＄7．00 | マ Black Tiger Shrimp．．．．．．．．．．．full \＄10．00｜｜half \＄8．50 |
| Batter fried or broiled lake perch | Your choice of battered or grilled |
| 『Atlantic Salmon．．．．．．．．．．．．80z． 10.00 ｜｜40z．\＄8．50 | Maryland Crab Cake．．．．．．．．．．．．．full \＄8．50｜｜half \＄7．00 |
| Broiled or Grilled | Pan seared lump crab cake |
| Entrees <br> Served with fresh baked sweet or wheat rolls and your choice of two side dishes |  |
|  |  |
| hicken Breast ．．．．．．．．．．．．．．．．．80z．\＄7．00｜｜4oz．\＄5．50 | V80z Ribeye Steak．．．．．．．．．．．．．．．．．．．．．．full only \＄12．00 |
| Marinated and Grilled | your choice of ，fresh grated horseradish，Old Bay |
| YFiesta Chicken．．．．．．．．．．．．．．．．．．．80z．\＄7．50｜｜4oz．\＄6．00 | butter，or steak sauce |
| Grilled chicken breast topped with sautéed corn， black beans，and queso．Finished with a house made salsa | Pork Parmesan．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．full only \＄7．00 Lightly breaded pork cutlet topped with marinara and fresh parmesan |

## Pasta Creations

Sautéed fresh vegetables tossed with your choice of pasta，sauce，and one protein Served with a garlic knot．．．．．．．full \＄10．00／half \＄8．50

## Pasta Choices：

Fettuccine，Linguini，or Cheese Tortellini

## Sauce Choices：

Marinara，Alfredo，Sundried Tomato Alfredo，or Pesto Alfredo

## Protein Choices：

Tri Tip Beef，Chicken，Shrimp，Salmon，or Crab Cake

## Side Dishes

All side dishes are full－cup portions and cost $\$ 1.50$ each unless a substitute
Broccoli－Brussels Sprouts－Carrots－Corn－Green Beans－Peas－Vegetable or Potato of the Day Water Edge＇s Seasoned Fries or Sweet Potato Waffle Fries，Mashed Potatoes

Baked Potato，Baked Sweet Potato，Caesar，or House Salad
Beverages－Coke，Diet Coke，7－Up，Root Beer，Lemonade， Milk（whole，2\％，skim），Freshly Brewed Iced Tea，Regular and Decaffeinated Coffee or Tea and Herbal Tea，Hot Choc－ olate Juices：Cranberry，Apple，Orange and V8 All \＄1．00 Items marked with a $\vee$ signify the ability to adjust cooking methods，seasoning and sauces to accommodate heart healthy dietary needs．Our kitchen uses canola oil for frying，and does not add MSG．We add no additional salt to our prepared food Eating raw or undercooked beef may increase your health risk


# Vegetarian Menu 

Soups

Seven Bean Stew- Hearty medley of Beans and Vegetables-cup \$1.75 || bowl \$3.25
Vegetarian Chili - Mixed roasted vegetables and beans - cup \$1.75 || bowl \$3.25
Garden Vegetable-Mix of fresh vegetables in rich tomato broth - cup \$1.75 || bowl \$3.25

## Salads

Dressing Choices
ranch, $\vee$ fat free ranch, $v$ fat free raspberry vinaigrette, $\vee$ fat free French, $v$ fat free Italian, Caesar, bleu cheese, honey Dijon mustard, balsamic vinaigrette, poppy seed, 1000 Island, voil \& vinegar
House salad - carrots, cucumber, cranberries, red onion, feta cheese, tomato, croutons - half \$3.00 || full \$4.50
Caesar salad - with sourdough croutons - half \$3.00 || full \$4.50
South Western Salad- Romaine lettuce topped with black beans, sweet corn, Mexican cheese, tomatoes, red onion and Corn Chips-full only $\$ 6.00$
Harvest Apple Salad - Romaine lettuce topped with fresh cut apple, sunflower seeds, feta cheese, dried cranberry and red onion - full \$6.00

## Sandwiches

served with two choices of the following sides
French fries, Sweet Potato Waffle Fries, Cole Slaw, Fruit Salad, Cottage Cheese, or Chunky Applesauce
Baja Wrap - Grilled Veggie Burger topped with our signature baja sauce. Finished with sweet corn, black beans,
Mexican Cheese, lettuce, tomato, onion and corn chips; wrapped in a tortilla - full only \$7.00
Roasted Vegetable Wrap-Tortilla stuffed full of roasted bell peppers, mushrooms, onions, sweet corn, black beans, tomato, Mexican Cheese, honey mustard and romaine lettuce -full only \$6.00
Garden Burger- Served on a Kaiser bun with lettuce, tomato, onion, and choice of cheese - full only $\mathbf{\$ 7 . 0 0}$
Frisco Melt-Seasoned Black Bean Burger topped with melted Swiss cheese, mushrooms, onions and 1000 island dressing on toasted Sour Dough Bread-full only $\mathbf{\$ 7 . 0 0}$
Sun Dried Tomato Egg Plant Hoagie - Crisp Breaded Egg Plant topped with Sun Dried Tomato Chutney, Melted Provolone Cheese, Lettuce, Tomato and red onion - full only 6.00

## Special Plates

Tomato Egg Plant Napoleon - Breaded Egg Plant Layered between Sliced Tomato and Provolone Cheese on top of Marinara Sauce—choice of one side - half \$4.00 ||full \$5.50
Vegetable Lasagna-House made lasagna with spinach, mushrooms, onions, and sweet corn. Topped with a marinara sauce with choice of two sides- full only $\mathbf{\$ 6 . 5 0}$

Pasta Creations
Sauteed fresh vegetables tossed with your choice of pasta and sauce.
Served with a Garlic Knot ....full \$7.50 / half \$6.00 Pasta Choices:
Fettuccini, Linguini, or Cheese Tortellini
Sauce Choices:
Marinara, Alfredo, Sun Dried Tomato Alfredo, or Pesto Alfredo

Beverages - Coke, Diet Coke, 7up, lemonade, root beer, cranberry, apple, Orange juices, milk (whole, $2 \%$, skim), iced tea, hot tea and coffee, hot chocolate . \$1.00
All special requests will be honored whenever possible. Cooking method can be altered to meet specific needs. We cook with canola oil and use no MSG


