



Assisted Living at Delaware Run: A Mother/Daughter Story

Delaware, Ohio, resident Donna Held knew something had to change.

After a bad fall, she moved into her daughter Kathryn's house. Her health kept declining. And she was lonely since Kathryn was at work all day.

"I didn't realize it at the time, but I was just existing," says Donna, 82, a retired teacher known for her spark and intellect.

Kathryn was concerned, too. She worked in Columbus, an hour from home. "When I'd get a call that some-

Continued on page 7

Assisted Living at Delaware Run

- 10 years straight perfect nursing inspections from the Ohio Department of Health
- Physician's office on site
- Ranked #1 in Delaware County in resident satisfaction*
- Ranked in the top 3 percent of all assisted living centers in the state of Ohio*

* Resident Satisfaction Surveys of 687 facilities by the Ohio Department of Aging.

"Listen to the trees talking in their sleep," she whispered, as he lifted her to the ground. "What nice dreams they must have!"

L.M. Montgomery (1874-1942)
Anne of Green Gables

Meet Jann Ichida. And her chicken. That's them at right. Two years ago they moved to a twin-single home cut into old-growth forest at Willow Brook Christian Village. The chicken, a Bantam hen named Fleur (French for "flower"), is living proof that Willow Brook is pet friendly. The nine-year-old bird bunks in a cage under a heat lamp in the garage. Jann invites her into the house by leaving the cage door open.

The showy-plumed little fowl will tag her human around like a puppy, emitting short squeaky purrs to signal contentment. It's charming entertainment.

Jann met future husband Allan Ichida, a Japanese American, in 1959, when he was teaching microbiology at the University of Wisconsin. Jann was his lab assistant. "When I trained a good technician, I liked to keep them, so I proposed to her," Allan once declared with a wry smile.

Seventeen years previous in 1942, 12-year-old Allan was swept with his parents into the American tragedy of Japanese internment. Their home and bank accounts were seized and they were forcibly removed to a horse barn in San Francisco for shipment to a prison camp in eastern California. Their crime? They were of Japanese descent. The sordid project incarcerated 110,000 people over the course of World War II.

In late 1944, the Ichidas were sponsored by Quakers in Cleveland for early release. Two more years passed before their lives settled to a semblance of normalcy. Allan referred to the period 1942-1946 as "the lost years."

In 1962, Allan secured a teaching job at Ohio Wesleyan University in Delaware, Ohio. He married Jann the year following, and she, too, joined the faculty, teaming with Allan to teach microbiology.

The newlyweds built a home in Delaware that backed to a forest that one day would host our Willow Brook Christian Village. She fell in love with the woodland and often hiked with her two daughters along its deer trails, hunting mushrooms, teaching them the names of exotic flora that thrived in the half-light on the forest floor. All the deer knew and trusted them.

One summer day in 1996 before Willow Brook unleashed an invading force of bulldozers and chainsaws, I walked the woodland to pay homage to its ravines, its murmuring streams, its earthy scents. I always spend some time with land we are about to desecrate. I think it's my silly way of saying, "I'm sorry."

While on my hike, I came upon a woman doing the same. It was the first time I met Jann Ichida. She had heard that construction was imminent and wanted to remove a few forest flowers to her yard before they were squished beneath a bulldozer tread.

The next time I remember seeing her was in 2005 when she and Allan

came to a "rally" we were hosting to promote our newest community, Willow Brook at Delaware Run, four miles to the west. They were starting to toy with the idea of someday moving to Willow Brook. Four days later, Allan was felled by a heart attack. Jann wasn't even afforded an opportunity to whisper a goodbye.

Her husband was cremated, and Jann pressed pinches of the ash into gel caps, the sort used for medications.

Traces of her Allan now have been scattered by friends, former students, and family members in 43 countries. "Even Antarctica has a bit of Allan," Jann says, "thanks to a colleague who went there to do research."

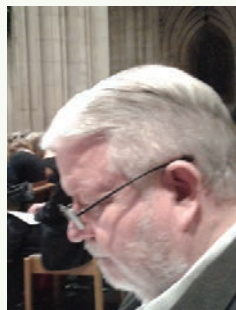
In 2016, Jann and her chicken finally moved into the woodland she so loved. Look off her back deck and you'll be staring into the dense forest she haunted for 48 years.

Jann brought back the wildflowers she had rescued, restoring them to their rightful home in the woods where they now demurely smile among the maples just off her deck.

The curator of our forest has taken up residence among her trees, and here she intends to live out her days. Last November she learned she is plagued with a stealth case of advanced lung cancer. "I never smoked. I lived as healthy as I could, and still..."

She accepts her fate, telling me, "I have lived a happy life, a good life. Death is just the next stop on my journey."

Larry Harris, CEO
lharris@willow-brook.org



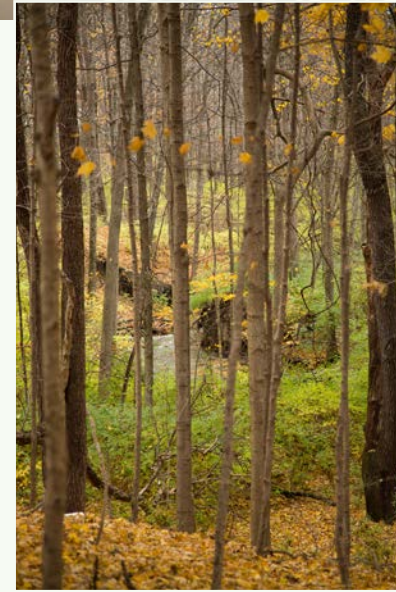
The Curator of our Forest

by Larry Harris, CEO

The curator of our forest has taken up residence among her trees, and here she intends to live out her days.



Jann Ichida and her pet chicken, Fleur, make their home in a twin-single tucked into a forest at Willow Brook Christian Village. Nearly five decades ago, long before our Village was in place, she "adopted" the woods where she now resides.



2018 Second Mile Award Winners



Shirley Dresback Willow Brook Christian Village
Patsy Fontaine Willow Brook at Delaware Run
Jim Korpieski Willow Brook Christian Home

Congratulations to The Village's Shirley Dresback (Server), Delaware Run's Patsy Fontaine (Personal Care Attendant) and The Home's Jim Korpieski (Maintenance) for winning the distinguished Second Mile Award for outstanding service.

Every year the residents, families and staff nominate workers who they believe deserve this honor, and one winner from each campus is chosen.

Matthew 5:41 urges us to go above and beyond what is expected, and that's exactly what Shirley, Patsy and Jim do, always seeking to serve our residents and employees to their utmost and brightening everyone's day with their kindness, cheerful nature and caring spirit.



Cub Club!

It's a date every Wednesday, when a group of children and their parents come to Willow Brook at Delaware Run to join in activities with our Memory Care residents. Here Kelly Frentsos, director of activities (left) works with Julia Worthington and 4-year-old Juliette. Kelly always has a craft or fun game for everyone to enjoy. "Our residents love playing and working with the kids, and everyone has a lot of fun," Frentsos says.

Tribute Gifts

Memorial Contributions

November 15, 2018 – February 18, 2019

Melba Advent-Davis
Lloyd & Alice Baker
Glenn & Sara Beaber
John & Sue Dickman
Robert & Linda Gaffey
Karen Lane
Curt & Ruth Morrow
William & Joann Reidenbach
Bruce & Barbara Reierson
Helen J. Reppart
Margaret Roberts
Richard F. Seebode
Donald Skinn & Carol Nack
Lucretia M. Wellman

Richard C. Atkinson
Carol A. Roden

Esther Bankes
Ray & Billie Thorne

David Beckwith
Corinne D. Esau

JoAnn Bill
Julie Duff & Family

John Bill
Julie Duff & Family

Marion & Anita Blaszkowiak
Irene C. Blaszkowiak

Hazel B. Blose
Dennis & Sharon Blose

Norma Opal Bowen
Joe & Jo-Ellen Griffith

Vernon Bowen
Joe & Jo-Ellen Griffith

Harriet M. Bracken
C. Lee Bracken

John R. Burns, Sr.
Curtis & Genevieve Burns

Frances Carlton
Joe & Jo-Ellen Griffith
April L. Jackson

Robert L. Carlton
Joe & Jo-Ellen Griffith

Sandy Carver
Ray & Billie Thorne

Joseph Caudy
Roger & Jane Sagar

Ursula Champney
Ray & Billie Thorne

S. Frank & Betty Chappell
Larry & Janet Harris
Karen Susenna
Ray & Billie Thorne

Orlan Cooper
Thomas & Kathryn Brod
Roger & Marsha Clark
Mary Curie
Carl & Evangeline Lundstrom
Benis Lutz
Helen J. Reppart
Roe & Debra Riegel

Orlan Cooper, continued
S. Jefferson & Janet Slattery

Patsy J. Crewe
Janice Monks

Dorothy J. Dale
Joy Lackey

James R. Dawson
Mike & Mary Anne Slattery
Cindy Thatcher

Rich Detlor
Jayne W. MacKay

Nancy DeTray
Lisa Mack

Barbara England
Laura England
Michael & Judith England

Waneta Estep
Ray & Billie Thorne

Nancy Farmwald
Vicky Gardner

Bobby Fittro
Charlene Fittro
Bruce & Barbara Reierson

Ed & Jean L. Flahive
Michael & Judith England

Wally Flender
Carl & Mary Lou Acker
Dianne L. Almendinger
Delaware Run Residents' Association
John & Sue Dickman
Joyce Hasemeier
Elizabeth Kearns
Dottie Knight
Thomas & Ann May
Steve & Velma Newsome
Alford & Janice Noland
Bruce & Barbara Reierson
Margaret Roach
William & Mary Ellen Schulz
Charles & Nancy Townley
Eric Visconti

Jack & Vivian Gaskalla
Ray & Billie Thorne

Loretta Glowacki
Ronald & Mary Wilcox

Betty Godbold
John & Gerry Whinnery

Ruth Hamilton
Bruce & Barbara Reierson

Audrey & Alberta Harris
Larry & Janet Harris

C. Wayne Hasty
Glenn & Sara Beaber
Vivian Crowe
Delaware Run Residents' Association
John & Sue Dickman
Dottie Knight
James & Pauline Kossow
Ned & Judith Lantz
Bruce & Barbara Reierson
Margaret Roach

John T. Hayes
Karen S. Hayes
Ronald & Donna Moore

Carl Hertwig
Joy Lackey

Leona Hopkins
Frank & Nancy Rynearson
Ray & Billie Thorne

Cloid Horne
Thomas & Rena Brown
James & Pauline Kossow

Pauline House
Bruce & Barbara Reierson

Marjorie Humes
Edmund & Diane Cox
Michael & Stephanie Crosbie
Corinne D. Esau
Mary Krueger
Arlene Palenshus

Mary Jo Humes
Corinne D. Esau
Willow Brook Christian Village Residents Advisory Council
Phyllis M. Wood

Faye Jackson
Delaware Run Residents' Association
John & Sue Dickman
Bruce & Barbara Reierson

James E. Jackson
Mitchell & Dyana Welch

Doris Jessie
Brian & Sandy Arnold

Virginia Kaiser
Grace M. Lang
Dorothy Knight
Richard F. Seebode

Leo Korpieski
Susan Fenstermaker
Robert & Clara Horn
John & Sue Long
Gene & Lois Weaver

Richard Kreager
Michelle Clark

Mary Manley
Corinne D. Esau
Arlene Palenshus
Helen J. Reppart
Phyllis M. Wood

Loretta Mann
LouAnn Giedlinski

Beryl McMasters
Ray & Billie Thorne

Robert W. Meyer
Michael & Shannon Bell

Caroline N. Miller
Terry & Karen Irwin

Marolyn Moore
Mariella C. Dunnan
Corinne D. Esau
Arlene Palenshus
Helen J. Reppart
Willow Brook Christian Village Residents Advisory Council
Phyllis M. Wood

Marjorie R. Nichols
Walter & Wendy Nichols

James & Dorothea Patterson
Ray & Billie Thorne

Stephen Payne
Joe & Jo-Ellen Griffith

George P. Peterson
Judie Peterson

Michael Petty
Angela Doerschlag
LouAnn Giedlinski
Jeff & Cyndi Hoffman
James & Joni Holycross
Barb Lewis
David Meister
Arlene Palenshus
Eva Parks
Evelyn Winter
Phyllis M. Wood

Gerard Platau
John & Sue Dickman

Florence Poulson
Thomas & Sara Poulson

Gene & Maude Prince
Larry & Janet Harris
Rebecca L. Harris
Ray & Billie Thorne

Mary C. Roden
Grace M. Lang
Dorothy Knight
Richard F. Seebode

Don Rost
Thomas & Sara Poulson

Virginia P. Seibert
Grace M. Lang

Rebecca A. Sheets
Mike & Mary Anne Slattery

Robert Shreve
George & Margaret Alexander
Delaware Run Residents' Association
Bruce & Barbara Reierson

Kathleen E. Shumway
LouAnn Giedlinski

Robert Slatzer
Lloyd & Alice Baker
Glenn & Sara Beaber
John & Sue Dickman
Bruce & Barbara Reierson
Margaret Roberts
Lucretia M. Wellman

Katherine Smith
Ray & Billie Thorne

Lois K. Smith
Melody Sweet

Corrine Synder-Poulson
Thomas & Sara Poulson

Sam & Bessie Taylor
Lawrence & Alice Smith

Harry Thorne
Ray & Billie Thorne

Mildred Thorne
Ray & Billie Thorne

Margaret Timm
William Tzagournis

Mary F. Tipton
Christopher & Theresa Amato
Regina Amato
Mr. & Mrs. William Amato
Mariella C. Dunnan
William & Susan Eddy
Corinne D. Esau
Jeff & Cyndi Hoffman
James & Marcia Johnston
Jayne W. MacKay
Laura Marianek
Philip Mark
Helen J. Reppart
Theresa Ritzman
Willow Brook Christian Village Residents Advisory Council

Mary Faye VanSickle
Corinne D. Esau

Lee R. Ward
Glenn & Sara Beaber
Delaware Run Residents' Association
John & Sue Dickman
Dorothy A. Haqq
Margaret Roberts
Lucretia M. Wellman

Sharon Ward
Delaware Run Residents' Association
Helen J. Reppart

Melvin Watts
Wilma Watts

George F. Wellman
Ray & Billie Thorne
Lucretia M. Wellman

Max Wildermuth
Jayne W. MacKay

JoAnn Woltman
Grace M. Lang

Clyde & Marguerite Wooley
C. Lee Bracken

Julia Worthington
Bruce & Barbara Reierson

William & Anna Wright
Ray & Billie Thorne

Nicki V. Zanetos
Lisa Mack

*Tribute Gifts
made to honor
the living*

Marlene Andersen's Service
James & Pauline Kossow

Larry & Janet Harris
Robert & Linda Gaffey

Marie McMasters
Ray & Billie Thorne

Kenneth & Genevieve Peterson
Jane Moore

Robert & Carolyn Schild
Kathleen Rowe



The background photo is in memory of Reba Jean Syler, former resident of Willow Brook at Delaware Run.



Four nursing assistants at Willow Brook Christian Home are among many staffers who have immigrated from Africa. (Left to right) Jessica Ada (Cameroon); Stephanie Agyman (Ghana); Edith Tenaso (Ghana); Tafie Ajoh (Cameroon). Willow Brook is proud to offer our friends from all over the world the opportunity to get established in America.

Willow Brook Christian Communities

Delaware, Ohio

Willow Brook Christian Village

100 Willow Brook Way South
Delaware, Ohio 43015
Phone: (740) 369-0048

Willow Brook at Delaware Run

100 Delaware Crossing West
Delaware, Ohio 43015
Phone: (740) 201-5640

Worthington, Ohio

Willow Brook Christian Home

55 Lazelle Road
Columbus, Ohio 43235
Phone: (614) 885-3300

*Reflections is published quarterly by
Willow Brook Christian Communities.*

Erin MacLellan, editor

Joel Hornsby, designer

not for profit • Church of Christ • www.willow-brook.org



Chief Financial Officer Tom Poulson making a presentation at a meeting of the board of trustees. Poulson and our auditors at Plante Moran hold Willow Brook to a high financial standard.

Willow Brook named “Outstanding Chamber Member of the Year”

Willow Brook Christian Communities received the “Outstanding Chamber Member of the Year” award from the Delaware Area Chamber of Commerce at the Chamber’s annual meeting and banquet in February.



Willow Brook has been a Chamber member since 1990. The award recognizes Willow Brook’s long tradition of service to older adults in the Delaware community through its two retirement centers located in town.

“Willow Brook is a great friend to the Chamber,” said Holly Quaine, president of the Delaware Area Chamber of Commerce. “We are honoring Willow Brook leaders and staff...for their continuing sustaining membership and their frequent attendance and support at our many events.”

In an Ohio Senate proclamation recognizing the award, Senate President Larry Obhof said of Willow Brook, “...its tremendous contributions have earned it the respect and appreciation of many.”

“This is a high honor from the Chamber,” says CEO Larry Harris. “What a compliment to the entire Willow Brook team – all 500 of them!”

Tended Fires

by John Brinkerhoff
(For John K. Lord)



First,
a few carefully chosen sticks from the yard,
arranged as thoughtfully as possible
to ignite one another,
then the solitary light set in their midst.
A dozen times it lurched between life and death
before steadying, stretching, eagerly shedding
its delicate skin.

Children,
I thought of children as the fire swung from branch to branch
and quickly ran this way and that.
When it strayed, I gathered it back
and felt the heat begin to build at its center.
And its voice deepened.
Its flames grew certain. Its embers glittered
with landed stars.

Friends
came and went throughout the evening,
each feeding the blaze. But tended fires burn longest,
so I circled, prodded, shifted, brought the edges in
until there was little left to do.
The moon was high. Other things needed tending now.
I stepped away.

Heat
fades from my face. I cross the pale lawn.
Hours from now, as I darken the lights for sleep,
I will look down from the window
at the ones who stayed, distant shapes bending
to care for that bright island,
satisfied that its strong red heart
warms them.

John Brinkerhoff, resident at Delaware Run, wrote this poem in 1985 for the retirement of Jack Lord, co-founder of Lord, Sullivan & Yoder Advertising in Marion, Ohio, for whom Brinkerhoff worked for 33 years.



Residents sipping iced tea on The Lookout, a third-floor feature of the new assisted living wing. Pictured are Bill and Karen Klumpp and Sara and Glenn Beaber

continued from page 1

thing was wrong, I’d have to drop everything and run,” Kathryn says. “It was a constant scramble, and I was always worried.”

Many older adults and caregivers struggle with this situation. A parent or spouse too frail to live safely on their own. An adult caregiver balancing other responsibilities like work and children. With the population of older adults set to hit 56 million next year, many people are facing this challenge.

Donna and Kathryn started searching for a solution. They investigated a number of assisted living programs and found the perfect match at Willow Brook at Delaware Run, which had just expanded its assisted living services and opened a new wing, with private rooms, suites, a physician’s office and an outpatient therapy practice.

Donna liked what she saw: a room with a beautiful courtyard view, friendly staff and residents enjoying activities. She moved in last year.

“I’m living life again. I’m happier here than I’ve been in 10 years,” Donna says.

She has made new friends, including a veteran who is an expert on Abraham Lincoln, and she enjoys dining with them in Café 100 daily. “We know each other so well we can order off the menu for each other. And we laugh. Oh, how we laugh.”

Kathryn is delighted, too. “My mother is getting the social interaction and stimulation she needs as well as great physical care. Willow Brook is the full package.”



The courtyard gardens surrounded by the new assisted living center at Delaware Run. Above, therapist Dani Young sharing a moment with resident Bob Rietz on the stationary bike in the new outpatient therapy center.

Reflections

Willow Brook Christian Communities
100 Delaware Crossing West
Delaware, Ohio 43015

Address service requested

*Please call 740-201-5688 when you
have an address update.*



NONPROFIT ORG
U.S. POSTAGE
PAID
DELAWARE, OH
PERMIT #102

Ah Spring, when the sun brings forth
God's color palette of many hues.

*Brenda Spradling,
Willow Brook at Delaware Run*

Spring at Willow Brook at Delaware Run
by resident Irene Blaszковиak

