

Vegetarian Selections

All items are offered during all meals unless otherwise specified.

Vegan Friendly Options

Willow Brook Mixed Green Salad Fresh, crisp greens, topped with sweet grape tomatoes, chopped egg, shredded cheese, red onion, and homemade croutons **petite** \$3.00
regular \$4.50


 REMOVE: Egg, Cheese, Crouton ADD: Carrots, Celery

Salad dressing choices: Ranch, Poppy Seed, Bleu Cheese, Fat-Free Raspberry Vinaigrette, Italian, French, Fat-Free Ranch, Honey Mustard, Thousand Island, Balsamic Vinaigrette, Mango Chardonnay, Oil & Vinegar


 **Mandarin Orange Salad** available on the "Salads" menu


Salad Plate Creation available on the "Salads" menu

Corn and Black Bean Salad Fresh corn, black beans, onions, peppers, lime and cilantro, served;


 **Salad:** over a bed of crisp greens **regular** \$5.50

Quesadilla: grilled in a flour tortilla with cheddar cheese, salsa and guacamole **regular** \$6.50


 **Burrito:** wrapped in a flour tortilla with cheddar cheese, salsa and guacamole **regular** \$6.50


 **3-Bean Chili** A variety of beans, slowly simmered with fresh vegetables, herbs and chili seasonings-perfect for every chili lover! Served with multigrain wheat toast **crock only** \$4.50


Additional Options-DINNER ONLY: Served over a baked potato or baked sweet potato (add \$1.00)

 **Vegetable Hummus Club Sandwich/Wrap** Fresh spinach, grilled zucchini, tomatoes and red onions, layered with house-made roasted red pepper hummus on your choice of multigrain wheat toast or wrapped in a flour tortilla with choice of one side **half** \$5.50
whole \$6.50
wrap-whole only \$6.50

Garden Burger Grilled veggie grain and bean patty—available on the lunch menu under "burger creations"

 **"Beyond" Burger** Grilled veggie protein patty—available on the lunch menu under "burger creations"


 **Black Bean Burrito or Quesadilla** Seasoned black beans layered with tomatoes, corn and cheddar cheese, in a flour tortilla, served with salsa and guacamole \$6.50

 **Lentil Cacciatore** Lentils stewed with sweet peppers, onions and mushrooms with crushed tomatoes, white wine, garlic and fresh herbs, served with multigrain toast and choice of one side \$7.00

 **Stuffed Sweet Potato (Dinner only)** Baked sweet potato stuffed with seasoned black beans or sautéed vegetables (tomatoes, onions, mushrooms, garlic, spinach) served with choice of one side \$7.00

Sides :

All Meals:  Cole Slaw,  Cottage Cheese,  Applesauce,  Peaches,  Fresh Fruit,  Waldorf Salad,  Fruited Jello, Potato Chips, French Fries, Sweet Potato Fries, Mashed Potatoes, HH Spinach, Corn, HH Corn

Dinner Only: Carrots, HH Carrots, HH Green Beans, Chefs Vegetable, Chefs Potato,  Baked Potato

 Sweet Potato,  Brown Rice, Tomato Soup, Soup of the Day, Special Salad

Please look for this symbol  on other Courtyard menus for other vegetarian friendly items