


Vegetarian Selections

All items are offered during all meals unless otherwise specified.


 Vegan Friendly Options


Salads & Soups


Willow Brook Mixed Green Salad Fresh, crisp greens, topped with sweet grape tomatoes, petite \$3.00
chopped egg, shredded cheese, red onion, and homemade croutons regular \$4.50

 REMOVE: Egg, Cheese, Crouton ADD: Carrots, Celery

Salad dressing choices Bleu Cheese, Italian, Ranch, Fat-Free Raspberry Vinaigrette, Fat-Free Ranch, Poppy Seed, French, Thousand Island, Oil & Vinegar, Balsamic Vinaigrette, Mango Chardonnay


Mandarin Orange Salad Crisp greens, topped with minced celery and carrots, candied almonds, mandarin orange segments & sweet orange vinaigrette  Slivered Almonds petite \$3.00
regular \$4.50


Mediterranean Chopped Salad A fresh Mediterranean vegetable and bean blend served over a bed of crisp romaine, topped with Feta Cheese  No Cheese regular \$6.50

 **3-Bean Chili** A variety of beans, slowly simmered with fresh vegetables, herbs and chili seasonings-perfect for every chili lover! Served with multigrain wheat toast crock only \$4.50


Additional Options at DINNER ONLY: Served over a baked potato or baked sweet potato (additional \$1.00)

Sandwiches All sandwiches below are served with choice of one side.


 **Vegetable Hummus Club Sandwich/Wrap** Fresh spinach, grilled zucchini, tomatoes and red onions, layered with house-made roasted red pepper Hummus on your choice of multigrain wheat toast or wrapped in a honey wheat tortilla half \$5.50
whole \$6.50
wrap-whole only \$6.50


Meatless Meatball Sandwich Grilled multigrain bread, layered with provolone cheese and meatless meatballs and finished with marinara sauce  No Cheese half \$5.50
whole \$6.50

 **Garden Burger** Grilled veggie grain and bean patty—available on the lunch menu under “burger creations”

Black Bean Burrito or Quesadilla Seasoned black beans layered with tomatoes, corn and cheddar cheese, in a honey wheat tortilla, served with guacamole and salsa  No Cheese, flour tortilla \$7.00

Entrees All entrees below are served with choice of one side.

Veggie Bake Tomatoes, zucchini, yellow squash and red onions topped with tomato sauce, baked to perfection, finished with asiago cheese, accompanied by multigrain wheat toast  No Cheese \$7.00

 **Sweet Potato Ground Sirloin** Sweet potato quinoa blend, grilled and finished with sautéed tomatoes, onions, mushrooms, garlic and spinach \$7.00

All Meals  Cole Slaw,  Cottage Cheese,  Applesauce,  Fresh Fruit,  Waldorf Salad,  Peaches,  Fruited Jello, Mashed Potatoes, Potato Chips, Courtyard Style French Fries, Corn, Spinach, Tomato Soup, Mixed Green Salad, Mandarin Orange Salad  Vegetables available upon request

Dinner Only  Baked Potato,  Sweet Potato, Parsley Buttered Carrots, Green Beans

Some vary daily, ask a server: Soup of the Day, Chef's Vegetable, Chefs Potato, Special Salad, Seasonal Special Side

Please look for this symbol  on other Courtyard menus for other vegetarian friendly items