

# Vegetarian Selections

All items are offered during all meals unless otherwise specified.

## Vegan Friendly Options

**Willow Brook Mixed Green Salad** Fresh, crisp greens, topped with sweet grape tomatoes, chopped egg, shredded cheese, red onion, and homemade croutons **petite** \$3.00  
**regular** \$5.00


 REMOVE: Egg, Cheese, Crouton ADD: Carrots, Celery

Salad dressing choices: Ranch, Poppy Seed, Bleu Cheese,  Fat-Free Raspberry Vinaigrette, Italian, French,


 Fat-Free Ranch, Honey Mustard, Thousand Island, Balsamic Vinaigrette,  Oil & Vinegar

  Fat-Free Raspberry Vinaigrette, Balsamic Vinaigrette, French,  Oil & Vinegar


 **Mandarin Orange Salad** Tender, crisp greens topped with minced celery and carrots, candied almonds, mandarin orange segments & house-made orange vinaigrette **petite** \$3.00  
**regular** \$5.00


 REMOVE: Candied Almonds ADD: Slivered Almonds

**Salad Plate Creation** Create your own salad plate, choose two of the following: \$6.50  
egg salad, cottage cheese, waldorf, peaches with grilled banana nut bread and fresh fruit

 **Seasonal Fruit and Berry Salad** Fresh baby spinach, topped with seasonal fruit and berries, golden raisins, candied almonds and Feta cheese, finished with house-made strawberry poppy seed dressing, served with grilled banana nut bread \$6.50


**Mediterranean Vegetables** Marinated, grilled peppers, onions, mushrooms and sundried tomatoes, served;

 **Plate:** with pita bread and house-made roasted garlic hummus, garnished with Feta cheese \$6.50


 **Gyro:** in pita bread, finished with Feta, served with roasted garlic hummus and one side \$6.50

 **Salad:** over a bed of greens, served with pita bread and choice of dressing \$6.50

**Quesadilla:** grilled with mozzarella cheese in a flour tortilla, served with hummus and salsa \$6.50

 **3-Bean Chili** A variety of beans, slowly simmered with fresh vegetables, herbs and chili **crook only** \$4.50  
seasonings—perfect for every chili lover! Served with multigrain wheat toast

**Additional Options-DINNER ONLY:** Served over a baked potato or baked sweet potato (add \$1.00)






 **Vegetable Hummus Club Sandwich/Wrap** Fresh spinach, grilled zucchini, tomatoes and red onions, layered with house-made roasted garlic hummus on your choice of multigrain wheat toast or wrapped in a flour tortilla with choice of one side **half** \$5.50  
**whole** \$6.50  
**wrap-whole only** \$6.50

 **Garden Burger** Grilled veggie grain and bean patty—available on the lunch menu under “burger creations”

**Soups:** House Cream of Tomato and Soup of the Day **cup** \$1.75/**bowl** \$3.25

## Sides:

All Meals:  Cole Slaw, Cottage Cheese,  Applesauce,  Peaches,  Fresh Fruit, Waldorf Salad,  Fruited Jello, Potato Chips, French Fries, Sweet Potato Fries, Mashed Potatoes,  HH Spinach, Corn,  HH Corn

Dinner Only: Carrots,  HH Carrots,  HH Green Beans, Chefs Vegetable, Chefs Potato,  Baked Potato  
 Sweet Potato,  Brown Rice, Special Salad

Please look for this symbol  on other Courtyard menus for other vegetarian friendly items