

# Lunch Selections

All items are offered during all meals unless otherwise specified.

Sandwiches are served a la carte unless otherwise stated.

Platters include your choice of two sides.

- ✓ **Sandwich & Side** Your choice of tuna salad, egg salad, chicken salad, sliced ham, sliced turkey half \$5.50  
or BLT (add fried egg-\$1.00) on your choice of toast with your choice of one side whole \$6.50
- ✓ **Grilled Ham and Cheese** Create your own grilled ham and cheese from the options below: \$5.00  
**Cheeses:** American, Cheddar, Swiss, Provolone, Mozzarella, Monterey Jack platter \$6.50  
**Breads:** Wheat, White, Rye, Sourdough, Multigrain Wheat, Gluten-Free Bread  
✓ Available without ham
- ✓ **Build-Your-Own-Burger Creation** Create your own burger with these mouth watering toppings: \$6.00  
**Burger Choices:** Traditional Ground Sirloin, ♥Turkey, ♥✓Garden platter \$7.50  
**Cheeses:** American, Cheddar, Swiss, Provolone, Mozzarella, Monterey Jack  
**Toppings:** Lettuce, Tomato, Onion, Dill Pickles, Sweet Pickles  
**Other Toppings(\$0.50/item):** Bacon, Fried Hard Egg, Guacamole, Sautéed Mushrooms, Sautéed Onions  
**Bun Choices:** Sourdough Kaiser, Pretzel Bun (or substitute any of our bread options)
- Classic Patty Melt** Fresh seared ground sirloin patty, layered with sautéed onions and \$6.00  
swiss cheese, grilled on rye bread platter \$7.50
- Fried Buttermilk Chicken Tenders** Honey dijon buttermilk marinated and dredged chicken strips, \$6.00  
served with creamy honey mustard sauce platter \$7.50
- Grilled Hotdog** 3.5oz all beef hotdog, grilled and served on a toasted bun with \$7.00  
choice of ketchup, mustard, relish and one side
- ♥ **Grilled Salmon Fillet** Fresh skinless north Atlantic salmon fillet, grilled and served with \$8.50  
lettuce, tomato, onion, lemon caper aioli and a fresh lemon, served on a Kaiser roll platter \$10.00

## Signature Items

- ✓ **Veg Centric or Seasonal Special** Alternates Weekly. Ask your server for today's seasonal creations
- Courtyard "Big Boy" Burger** Fresh seared ground sirloin patty, layered with American cheese, \$6.00  
shredded lettuce and big boy sauce platter \$7.50
- Chicken Sandwich** Boneless breast of chicken, lightly marinated, served; \$6.00  
♥ **Grilled:** with lettuce, tomato and onion on a sourdough Kaiser roll platter \$7.50  
**Fried:** with shredded lettuce, smoky aioli and sweet pickles
- Fish Sandwich** Fresh Icelandic cod fillet, served; \$6.00  
**Fried:** Flash-fried on a Kaiser roll with lettuce, tomato, onion, lemon and tartar sauce platter \$7.50  
♥ **Baked:** with breadcrumbs on a Kaiser roll with lettuce, tomato, onion, lemon and tartar sauce
- Sides:** ♥Cole Slaw, Cottage Cheese, ♥Applesauce, ♥Peaches, ♥Fresh Fruit, Waldorf Salad, ♥Fruited Jello,  
Potato Chips, French Fries, Sweet Potato Fries, Mashed Potatoes and Gravy, Spinach, Corn, Special Lunch Side,  
Tomato Soup, Soup of the Day, House Salad, Mandarin Orange Salad ♥Vegetables available upon request



## Salads, Soups and Sides

All items are offered during all meals unless otherwise specified.

**Willow Brook House Salad** Fresh, crisp greens, sweet grape tomatoes, chopped egg, bacon, shredded cheese, red onion, and homemade croutons **petite** \$3.00  
♥ remove bacon & cheese **regular** \$5.00

Add one of the proteins listed below to a regular size salad for a totally different dimension:

Fried chicken tenders	\$7.00	♥ House-made albacore tuna salad	\$6.50
♥ Signature marinated grilled chicken	\$7.00	♥ Grilled salmon fillet	\$8.50
		♥ Grilled skewered shrimp	\$8.50

**Chef's Salad** Fresh, crisp greens topped with julienne of roasted turkey and ham, cheddar cheese, eggs, bacon, sweet grape tomatoes, red onion and homemade croutons **\$6.50**

**Salad dressing choices:** Ranch, Poppy Seed, Bleu Cheese, ♥ Fat-Free Raspberry Vinaigrette, Italian, ♥ Fat-Free Ranch, French, Honey Mustard, Thousand Island, Balsamic Vinaigrette, ♥ Oil & Vinegar

♥ **Mandarin Orange Salad** Tender, crisp greens topped with minced celery and carrots, candied almonds, mandarin orange segments & house-made orange vinaigrette **petite** \$3.00  
**regular** \$5.00

🌱 **Seasonal Fruit and Berry Salad** Available on the "vegetarian" menu

**Coconut Shrimp Salad** Fresh, crisp greens topped with golden raisins, red onion, candied almonds, crumbled Feta, fried coconut shrimp with orange vinaigrette and grilled pita bread **regular** \$8.50

**Turkey Pecan Salad Plate** A scoop of our own turkey salad recipe that includes red seedless grapes and toasted pecans on a bed of lettuce, served with grilled banana nut bread and fresh fruit **\$6.50**

**Salad Plate Creation** Create your own salad plate, choose two of the following: **\$6.50**  
tuna, chicken, egg or turkey pecan salad, served with grilled banana nut bread and fresh fruit

**Soups:** House Cream of Tomato Soup and Soup of the Day **cup \$1.75/bowl \$3.25**

**Sides:** **\$1.50**

All Meals: ♥ Cole Slaw, Cottage Cheese, ♥ Applesauce, ♥ Peaches, ♥ Fresh Fruit, Waldorf Salad, ♥ Fruited Jello, Potato Chips, French Fries, Sweet Potato Fries, Mashed Potatoes and Gravy, Spinach, Corn

Dinner Only: Parsley Buttered Carrots, Green Beans with Bacon, Chefs Vegetable, Chefs Potato, ♥ Baked Potato  
♥ Sweet Potato, ♥ Brown Rice, Smothered Gravy Fries ♥ HH Vegetables available upon request

**Beverages:** Fresh-Brewed Iced Tea, Raspberry Tea, Lemonade, Coke, Diet Coke, Sprite, Milk, **\$1.00**  
Orange Juice, Apple Juice, Grape Juice, V-8, Cranberry Juice, Coffee, Hot Tea, Hot Chocolate

We strive to honor all special requests. Cooking methods can be altered to meet specified dietary needs.

We cook with olive oil & fry in 100% vegetable oil. Remember, eating raw/undercooked beef may increase your health risk.

♥ Heart Healthy = per American Heart Association Guidelines of 1,500 milligrams of sodium a day,

All heart healthy entrees are low fat and contain 400-600 mg of sodium.

Groups of eight or more will be on one ticket. Please, no tipping. Non-resident guests add a 20% surcharge and tax.