










Lunch Selections

All items are offered during all meals unless otherwise specified.

Sandwiches are served a la carte unless otherwise stated. Platters include your choice of two sides.

-  **Sandwich & Side** Your choice of BLT, tuna salad, egg salad, chicken salad, sliced ham or turkey on your choice of toast with your choice of one side half \$5.50
whole \$6.50
- BELT** Tender strips of bacon, thick fresh tomato slice, a fried hard egg and garden-fresh lettuce on your choice of toasted bread \$6.00
platter \$7.50
- Grilled Ham and Cheese** Create your own grilled ham and cheese from the options below: \$5.00
platter \$6.50
- Cheeses:** American, Cheddar, Swiss, Provolone, Mozzarella, Monterey Jack, Smoked Gouda
- Breads:** Wheat, White, Rye, Sourdough, Multigrain Wheat
-  **Build-Your-Own-Burger Creation** Create your own burger with these mouth watering toppings: \$6.00
platter \$7.50
- Burger Choices:** Traditional Ground Sirloin,  Turkey,  Garden, Chorizo
- Cheeses:** American, Cheddar, Swiss, Provolone, Mozzarella, Monterey Jack, Smoked Gouda
- Toppings:** Lettuce, Tomato, Onion, Pickles
- Additional Toppings (add \$0.50 an item):** Bacon, Fried Hard Egg, Guacamole, Sautéed Mushrooms, Sautéed Onions, Roasted Red Pepper Hummus
- Bun Choices:** Sourdough Kaiser, Pretzel Bun (or substitute any of our bread options)
-  **Grilled Chicken Sandwich** Boneless breast of chicken, lightly marinated and grilled, then served with lettuce, tomato and onion on a sourdough Kaiser roll \$6.00
platter \$7.50
- North Atlantic Cod Fillet** Flash-fried on a Kaiser roll with lettuce, tomato and onion, a fresh lemon and home-made tartar sauce  option=baked cod \$6.00
platter \$7.50
-  **Grilled Salmon Fillet** Fresh skinless North Atlantic salmon fillet, grilled and served with lettuce, tomato, onion, lemon caper aioli and a fresh lemon, served on a Kaiser roll \$8.50
platter \$10.00
- Hand-Dipped Chicken Tenders** Hand-dipped and fried chicken strips, served with creamy honey mustard sauce \$6.00
platter \$7.50
- Grilled Hotdog** 3.5oz all beef hotdog, grilled and served on a toasted bun with choice of ketchup, mustard, relish and one side \$7.00
- Open Faced Roast Beef Sandwich** Served over Texas-style toast with mashed potatoes, gravy and choice of one side \$7.00

Signature Items

-  **Veg Centric or Seasonal Special** Alternates Weekly. Ask your server for todays seasonal creations
- Courtyard Pastrami Sandwich** House-made pastrami, thick sliced, served; \$6.00
platter \$7.50
- Hot:** on a grilled pretzel bun with swiss and wholegrain mustard aioli
- Cold:** on toasted rye with swiss, lettuce, tomato, onion and wholegrain mustard aioli
- Classic Patty Melt** Fresh seared ground sirloin patty, layered with sautéed onions and swiss cheese, grilled on rye bread \$6.00
platter \$7.50
- Courtyard Tuna Melt** House-made tuna salad, layered with bacon, tomato and cheddar cheese, grilled on sourdough bread \$6.00
platter \$7.50
- Sides:**  Cole Slaw,  Cottage Cheese,  Applesauce,  Fresh Fruit,  Waldorf Salad,  Fruited Jello,  Peaches, Potato Chips, Courtyard Style French Fries, Mashed Potatoes and Gravy, Lunch Side, Tomato Soup, Soup of the day, House Salad, Mandarin Orange Salad, Spinach, Corn  Vegetables available upon request



Salads, Soups and Sides

All items are offered during all meals unless otherwise specified.

Willow Brook House Salad *Fresh, crisp greens, sweet grape tomatoes, chopped egg, bacon, shredded cheese, red onion, and homemade croutons* **petite** \$3.00
 remove bacon & cheese **regular** \$4.50

Add one or more of the proteins listed below for a totally different dimension:

Hand-dipped marinated chicken tenders	\$7.00	House-made albacore tuna salad	\$6.50
Signature marinated grilled chicken	\$7.00	Sautéed shrimp	\$8.50
Grilled salmon fillet	\$8.50		

Mandarin Orange Salad *Tender, crisp greens topped with minced celery and carrots, candied almonds, mandarin orange segments & sweet orange vinaigrette* **petite** \$3.00
regular \$4.50

Chef's Salad *Fresh, crisp greens topped with julienne of roasted turkey and ham, cheddar cheese, eggs, bacon, sweet grape tomatoes, red onion and homemade croutons* \$6.50

Turkey Pecan Salad Plate *A scoop of our own turkey salad recipe that includes red seedless grapes and toasted pecans on a bed of lettuce, accompanied by fresh fruit and banana nut bread* \$6.50

Salad Plate Creation *Create your own salad plate, choose two of the following: tuna, chicken, egg or turkey pecan salad, accompanied by a slice of banana nut bread and fresh fruit* \$6.50

Salad dressing choices: Bleu Cheese, Italian, Ranch, Fat-Free Raspberry Vinaigrette, Fat-Free Ranch, French, Poppy Seed, Honey Mustard, Thousand Island, Oil & Vinegar, Balsamic Vinaigrette, Mango Chardonnay

Sides: \$1.50

All Meals: Cole Slaw, Cottage Cheese, Applesauce, Fresh Fruit, Waldorf Salad, Fruited Jello, Peaches, Potato Chips, Courtyard Style French Fries, Mashed Potatoes and Gravy, Spinach, Corn

Dinner Only: Parsley Buttered Carrots, Green Beans with Bacon, Chefs Vegetable, Chefs Potato, Baked Potato, Sweet Potato, Brown Rice, Seasonal Special Side, Vegetables available upon request

Soups: House Cream of Tomato Soup and Soup of the Day **cup** \$1.75/**bowl** \$3.25

Beverages: Fresh-Brewed Iced Tea, Raspberry Tea, Lemonade, Coke, Diet Coke, Sprite, Milk, Orange Juice, Apple Juice, Grape Juice, V-8, Cranberry Juice, Coffee, Hot Tea, Hot Chocolate \$1.00

We strive to honor all special requests. Cooking methods can be altered to meet specified dietary needs. We cook with olive oil & fry in 100% vegetable oil. Remember, eating raw/undercooked beef may increase your health risk.

Heart Healthy = per American Heart Association Guidelines of 1,500 milligrams of sodium a day,

All heart healthy entrees are low fat and contain 400-600 mg of sodium.

Groups of eight or more will be on one ticket. Please, no tipping. Non-resident guests add a 20% surcharge and tax.