



Assisted Living:

Seeking Help for Your Loved One

Among the toughest decisions in life is the one you must make when you feel the well-being of your loved one has changed and it may be time to seek a safer living arrangement.

We are hesitant to uproot our loved ones from their familiar and cherished homes, but changes in either cognition or health can make remaining alone worrisome or even dangerous.

How do you decide if assisted living is really necessary for someone you love?



Some helpful hints:

- Willow Brook has all-inclusive pricing. We do not have levels of care or charge extra for meal reminders, help with dressing or bathing, laundry, or administering medications. Some centers charge extra for those services, and it can add a lot to the daily fee.
- Check to see if your loved one has long term care and/or Veterans Administration insurance. Medicare does not cover assisted living.
- Look around at our staffing levels and activities. Good care cannot be provided without the staff to give it.
- Visit us at a meal time and see how the residents dine and are treated. At Willow Brook every person has options. They can select from the menu or pick the daily special. Observe the quality and presentation of the food.
- Give us the sniff test. Even though our rooms, hallways and common areas are carpeted, they are attractive, clean, and free of odor.
- Ask us what other services are available, such as transportation, outings and entertainment. We have a dynamic social program on every campus.

Here are a few clues:

- Can he understand and follow doctor's instructions?
- Does she forget to take medications as prescribed?
- Are new environments troubling?
- Is she able to learn new tasks?
- Does she become restless in the evening?
- Does he need reminders to accomplish routine tasks?
- Can he take care of his personal hygiene?
- Is she eating nutritious meals or losing weight?
- Would he know how to respond to an emergency?
- Does she misplace her bills or possessions?
- Have friends started expressing concerns?
- Is she falling frequently?
- Are you worn out by his constant need for your intervention?
- Are you losing sleep due to worry about her?

If some of these issues have been occurring routinely it is probably time to consider assisted living or memory care.

Some great reasons to put Willow Brook at the top of your list:

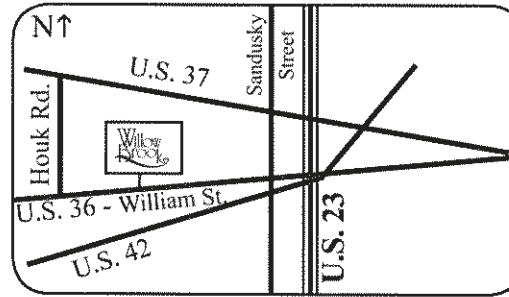
Number One: Quality of Care

Willow Brook's reputation for the quality of care we provide is second to none:

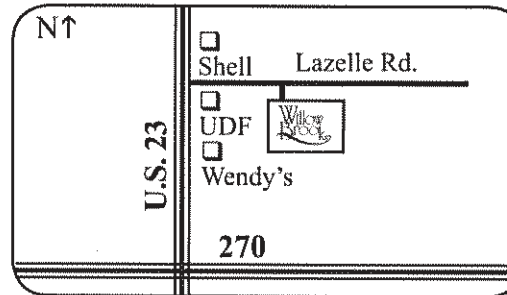
- Ranked among the top in Ohio by residents and families.
- Five-star rated by Medicare.
- Perfect and near-perfect nursing scores in unannounced state inspections year after year.
- Award-winning dining.
- Named among the best in America by *US News & World Report* every year.

Number Two: Quality of Life

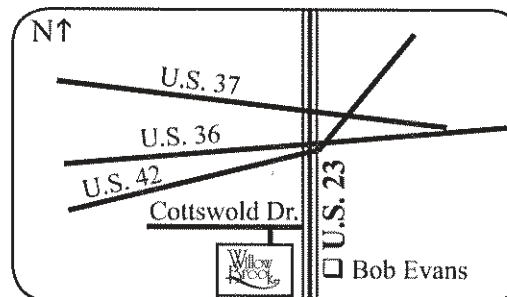
- Willow Brook's pricing structure is all-inclusive. It covers practically everything. We don't confuse you with levels of care that make you expect one price but get a bill for something totally different.
- Our restaurant-style dining has menus and daily specials. But if your dad is a creature of habit, the staff will soon learn what he wants for breakfast every day!
- Nurses are here 24/7.
- We offer beautiful, safe, and loving homes with neighbors who quickly become friends.
- There's a lot going on to prevent boredom. Outings abound - to local restaurants, parks, sporting events, and a dynamic indoor activities program addresses each individual's unique, interests and needs.



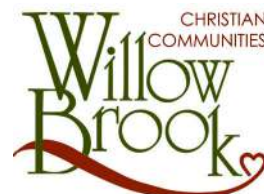
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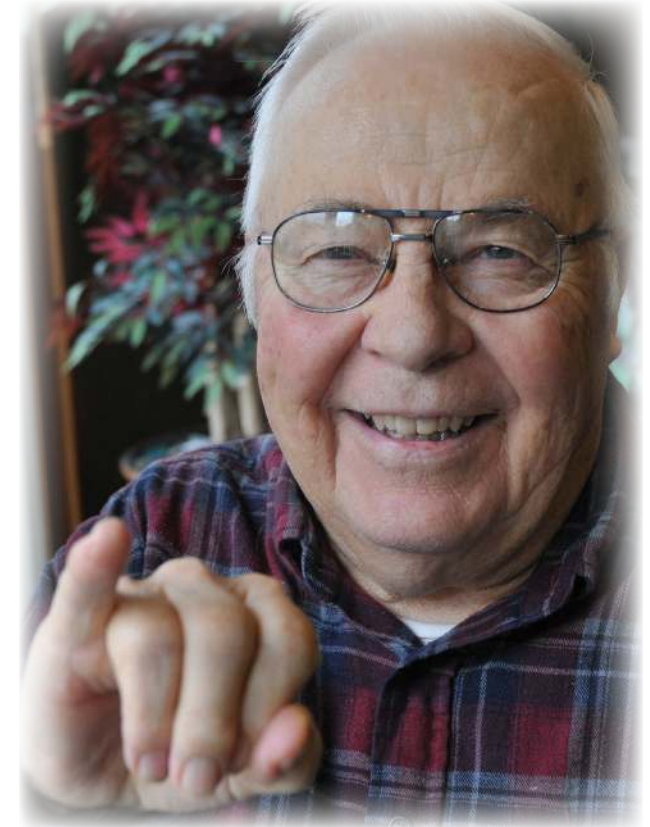
WILLOW BROOK CHRISTIAN VILLAGE
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Assisted Living

*Making the right decision
brings you peace of mind.*