

MARCH/APRIL 2019

Meet Your Neighbor

Meet Phil and Mary Rees. They moved into their twin-single in 2017. Prior to moving to Willow Brook, they lived in the Columbus area. Their decision to move to Willow Brook was based on our reputation, location and value. Being closer to two of their children was also a deciding factor.

Phil was born in Chicago and raised in Toledo. His father, Willis, was an acoustical engineer. His mother, Kathryn (nee Philips) was a homemaker. He has a sister, Marion Gillette, who lives in the Youngstown area.

Phil graduated from Newark Senior High and then from Ohio University with a Bachelor of Fine Arts. He is an Army veteran, serving from 1958 to 1960. Phil retired from office equipment supplies and sales. He enjoys photography and music.

Mary was born and raised in the Cincinnati area. Her father, Francis Todd, was an engineer with the telephone company. Her mother, Mary, (nee DeArmond) was a teacher and a homemaker. She has a sister, Rhoda Todd, who lives in Florida.

After graduating from North College Hill High School, she attended Ohio University and received a Bachelor of Science in Education and Biology. She was an elementary and middle school teacher and later worked for an education consulting firm and in the legal department of an insurance company. Mary enjoys sewing, card making, music, especially singing and hand-bell ringing.

Phil and Mary have four children: Laura Ore, who lives in Columbus, Daniel, who lives in Indiana, Jay, who lives in Tennessee, and Thomas, who lives in Westerville. They have 3 grandchildren: Ryan Ore (28), Keira Rees (19), and Korey Rees (16).

They have enjoyed traveling to Canada and throughout the United States, including Alaska.

Phil and Mary state that they are so pleased the Lord led them to Willow Brook. *"It's the best place to live."*



The neighbors you meet in retirement will become your friends for life.



A word from the CEO...



Calling all Willow Brook artists and writers! The LeadingAge Ohio Art and Writing Exhibition is coming up, so get to work! I hope to see the usual gazillion submissions from Willow Brook. LeadingAge is our state association that represents not-for-profit retirement communities, nursing homes and assisted living facilities across Ohio. Each year the association sponsors an art and writing show for residents.

Willow Brook is blessed with painters, woodworkers, textilers, photographers, and writers. Our halls are lined with your handiwork. The Delaware Run lobby boasts a seven-foot sculpture by Ebb Haycock, a former resident. *Reflections* is packed with your stories, poems, and photos.

Last year you all entered a boatload of pieces of every description in the show, and brought home an eye-popping number of ribbons. You made me proud.

So I encourage you to enter something this year. All work must have been completed within the past five years. A piece cannot have been exhibited in a previous LeadingAge Ohio Art and Writing Show. Deadline for applications is Friday, May 10.

The district show will be held at the Ohio Eastern Star Home in Mt. Vernon on Friday, June 21st, 11:30 a.m. - 2:30 p.m. We'll be running a bus. If you would like to attend, contact Julie Bardelang, our Life Enrichment Coordinator by calling 740-201-5782.

And here's the topper – ribbon winners will show their creations at the state competition on August 28. I'll be looking for your piece there!

With love to all,

Larry

News and Happenings

DAYLIGHT SAVINGS TIME BEGINS ON MARCH 10. Set your clocks ahead one hour before you go to bed on Saturday, March 9.



THE GIFT OF LOVE—Willow Brook is honoring our volunteers, those caring souls who contribute their time and effort to enrich the lives of people who live at a Willow Brook Christian community. Volunteers serve in many capacities. Some devote a morning a week in the healthcare center helping with crafts projects. Some drive their neighbors to doctor appointments. Some head committees or take on special projects. Whatever it is that they do, they do it out of the goodness of their hearts and with no financial reward. Their compensation comes from the good feelings they experience because they have made someone's world a little brighter.



Once a year Willow Brook hosts a reception to thank and honor our volunteers. We also select a volunteer from each campus to receive a special honor, the *Gift of Love Award*, as the person who exemplifies that spirit of unselfish giving of one's time and talent. This is your chance to honor someone who enriches the lives of Willow Brook residents in some concrete way, and does it without pay. Use the form attached and deliver it to the office manager at the front desk of any of our three communities. **Deadline for submissions is March 11.**

PROPERTY TAX LETTERS for those living in the twin-single and Garden homes are available and can be picked up from the Village Manager, Marie McCreary, during normal business hours.

The new **MEDICARE cards** are still being mailed out. When you receive yours, please bring it to the front office so we can copy and make the change in your records.

Please be aware that scammers are still calling posing as Medicare representatives. They are demanding a processing fee or state that beneficiaries are owed a refund from transactions on their old card. **NEVER give out your bank account information** as Medicare will never ask an enrollee for a bank account number and no refunds are ever owed.

SourcePoint and Willow Brook have collaborated to create a free caregiver support groups where caregivers can get together to share experiences, meet other caregivers, discover new resources, and ask questions. Willow Brook's adult daycare program provides on-site care for your loved one, while you get the support you need. Space is limited and registration is required. The group meets the fourth Tuesday of every month from 9:30—10:30 a.m. in the Delaware Room, located on the lower lever of the Village Commons. To register, please call 740-203-2399.



WILLOW BROOK SHUTTLE is available Monday's from 9:00 a.m.—1:00 p.m., and Tuesday, Wednesday & Thursdays from 10:30 a.m. to 2:30 p.m. **PLEASE**...schedule your appointments between those hours and call at least one day in advance to reserve a ride at 740-602-6028.

The threat of **severe thunderstorms and/or tornado season** is upon us. Please know the difference between a watch and a warning. A **watch** means weather conditions are favorable for the formation of a severe thunderstorm or tornado. A **warning** means severe weather is approaching the area and to take safe shelter immediately. If you do not have one already, an investment in a weather radio is a good idea.



Are you thinking of nominating a Willow Brook employee for a LeadingAge Ohio **STARS** award for 2019? If so, great news!! Attached is a 2019 nomination form! The forms are due back by Monday, April 1st, so you have some time to nominate *several* outstanding Willow Brookers. Just drop your completed nomination form in the STARS box located in the front lobby of your campus. Thanks for your part in supporting and honoring the exceptional work of our Willow Brook employees.



Warm weather also brings out more **uninvited solicitors**. If you experience or see someone soliciting in the Village, please call the front desk immediately at 740-369-0048. If it is after 5:00 p.m., please call and dial 0 for a nurse. They will take the necessary steps to have the person/group removed from the premises.

Please remember to notify the front office 740-369-0048 or extension 1050 if either you or your spouse go to the **emergency room or have been admitted to the hospital**. It is important that we are aware of your absence for building emergencies, billing and proper follow-up for nursing services.

Meet a Staff Member

Meet Alyson Ault. Aly is a PCA (personal care attendant) in the Centrum assisted living. She has been with Willow Brook since April 2016.

Aly was born and raised in Marion. She is a graduate of Ridgedale High School in Marion County. Her father, David Jones, works for UPS. Her mother, Nikki Dyer, is a home health aide. She has three siblings: Jordan Jones (Butler, Ohio); Kamryn and Christian Dyer of Delaware.



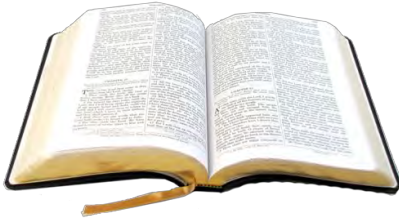
After graduating high school, she attended Ross Medical Education Center to study as a medical assistant.

On September 24, 2016, she married Andrew Ault, and they have a seven-month old son, Anderson. Andrew works at Honda as an electrical service technician.

Aly has traveled to Florida, South Carolina, Tennessee, California, Mexico, New Jersey and Kentucky. The thing she enjoys most is being a Mom to Anderson.



Lord, Teach us to Pray



Interesting! An extensive survey a few years back asked people why they attended church. Was it the inspiring sermons, the beautiful music, the friendly fellowship? While all of these were registered, the overwhelming desire was the prayers of the church... that is what made people feel closer to God. I have found the same to be true among those who do not assemble. Quite a few times during my years of ministry, people have come to an empty church building and asked for permission to pray... why? Because they were seeking to get close to God.

It is no coincidence that Jesus' disciples said "Lord, teach us to pray" (Luke 1:1). They had observed the strength that the Savior derived from prayer in times of temptation, distress as well as concern over serious challenges and decisions that needed to be made. Prayer should be our first resource, not our last!

Men and women with great faith are men and women of prayer. In the 73rd Psalm, David speaks of great frustration, disappointment and fear. How did he deal with these things? He went into the sanctuary of the Lord. He stated "It is good for me to draw near to God; I have put my trust in the Lord God, that I might declare all Your works" (Psalm 73:28). When we share our prayers, we share our strength – which is in the Lord. David found that drawing near to God, his fears were assuaged, he needs were met, his courage renewed. His response was to share with others the message of God's wonderful works. May we be a people of prayer. Pray with others and for others. May the church always be "God's house of Prayer" (Luke 19:36).

Submitted by
Chaplain Dana





From your Executive Director



Willow Brook's Gift of Love reception is coming up on April 5 and will be held in the Summit Room at Delaware Run. This reception is to thank and honor our volunteers. A committee selects a volunteer from each campus to receive this special award. This person exemplifies that spirit of unselfish giving of one's time and talent. If you have volunteered, watch for your invitation to the luncheon.

As we approach spring, the Twin-single exterior remodel will ramp up. Just take a look at Twin-single 30-34 to see the final look! It is just beautiful! I believe this represents Willow Brook's commitment to being competitive and remaining on the cutting edge from adding new services like a nurse to the companion program, shuttle service and on-site physician's office at Delaware Run. Willow Brook strives to evolve to meet the needs of those we serve. We are constantly looking for new opportunities. We must continually innovate and keep up with our customers' need and wants because they are constantly changing. Look anywhere within the three Willow Brook Communities and there is always something under renovation as there should be...we can't sit on our achievements. Standing still means falling behind, and that is just not Willow Brook!

Warm wishes,
Nicole

Thank You

"January 11, this year, was so festive and most enjoyable for us, thanks to your kind and thoughtful messages and wishes!" -SUSAN HENDRICKSON

"Thanks for the birthday cards from my Willow Brook neighbors wishing me happiness and a long life. If each card were good for one year of life, I would become the longest living person on earth. -ILMAR KALMIN

"Thank you to everyone for the many beautiful cards and other remembrances for my birthday. The party was great, thanks to all who attended and the staff who helped my wonderful daughters plan and execute it. I am so fortunate to live in Willow Brook with the very friendly neighbors and staff. THANKS!" -SUZANNE MARTIN

"What can I say but "Thank You" to all of you who sent me birthday wishes. I really appreciate your thoughtfulness." -DICK SHOWER