

## Week 1 February 19<sup>th</sup> – February 25<sup>th</sup>

Sunday (day 1) Breakfast	Monday (day2) Breakfast	Tuesday (day 3) Breakfast	Wednesday (Day 4) Breakfast	Thursday (day 5) Breakfast	Friday (Day 6) Breakfast	Saturday (day 7) Breakfast
Juice Plain Waffle Sausage Patties Fresh Oranges Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Bacon Fruit Cocktail Oatmeal / Milk Coffee/Tea/Water	Juice Creamed Spinach Benedict Canadian Bacon Tropical Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Bacon and Bleu Cheese Omelet Toast Peaches Oatmeal / Milk Coffee/Tea/Water	Juice Sausage Gravy and Biscuits Cinnamon Apples Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Breakfast Quesadilla Fresh Banana Oatmeal / Milk Coffee/Tea/Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Coconut Meringue Pie Rolls/Butter Milk/coffee	Ham and Bean Soup Croque Madame Fresh Cut Fruit Mini Brownie Treats Milk/Coffee	Turkey Stroganoff Soup Tuna Melt Sandwich Zucchini Fries Chef's Choice Cookie Milk/Coffee	Cream of Mushroom Soup Taco Salad Fresh Pastry Cream Parfait Milk/Coffee	Potato Leek Soup Olive Garden Salad Bacon Ranch French Bread Pizza Creamsicle Jell-O Milk/Coffee	Cream of Zucchini Smoked Cheddar Roast Beef Dip Mashed Potato Bites Caramel Sundae Milk/Coffee	Chef's Soup Chicken Fingers Honey Mustard Cole Slaw Garlic Toast Smoothie Milk/Coffee
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cheddar and Crouton Salad Chicken Pot Pie Assorted dessert Rolls / Butter Milk/coffee	Beef Lasagna Broccoli Garlic Bread Stick Chocolate Cake Rolls / Butter Milk/coffee	Pork Cutlet w/ Caper Buerre Blanc Wild Rice Parisian Carrots Lemon Crunch Pie Rolls / Butter Milk/coffee	BBQ Chicken Mixed Baked Beans Buttered Honey Roasted Garlic Sweet Corn Peach Crumble Rolls / Butter Milk/coffee	Chopped Steak with Mushrooms and Onions Buttery Mashed Potatoes Beets Chef's Choice Ice Cream Rolls / Butter Milk/coffee	Pan Seared Tilapia Balsamic Tomato Topping Roasted Vegetable Couscous Lemon Meringue Pie Rolls / Butter Milk/coffee	Beef Tips and Noodles Mixed Vegetable Cheesecake Brownie Rolls / Butter Milk/coffee

**Week 2 February 27<sup>th</sup> – March 4<sup>th</sup>**

<b>Sunday (day 8) Breakfast</b>	<b>Monday (day9) Breakfast</b>	<b>Tuesday (day 10) Breakfast</b>	<b>Wednesday(Day 11) Breakfast</b>	<b>Thursday (day12) Breakfast</b>	<b>Friday (Day 13) Breakfast</b>	<b>Saturday (day14) Breakfast</b>
Juice Smothered Scrambled Egg Toast Apricots Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Turkey Bacon Peaches Oatmeal / Milk Coffee/Tea/Water	Juice Over Easy Eggs over Corned Beef with Chives Tropical Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Ham and Goat Cheese Omelet Fresh Strawberries Oatmeal / Milk Coffee/Tea/Water	Juice S'mores Waffle Bacon Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Fried Spam Breakfast Sandwich Dark Cherries Oatmeal / Milk Coffee/ Tea / Water
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Jell-O Cake Rolls/Butter	Mediterranean Kale and White Bean Soup Grilled Pineapple Ham Loaf Sandwich Edamame Pasta Salad S'mores Bars	Chicken Alfredo and Broccoli Soup BLT with Egg BBQ Potato Chips Peanut Butter Oreo Dessert	Cream of Carrot Golden BBQ Beef Brisket Sandwich Broccoli Raisin Salad Chef's Choice of Cookie	Taco Bean Soup Anti-Pasto Grilled Cheese Cole Slaw Cherry Krunch Pie	Beef Barley Soup Pub Burger Breaded Green Beans Cherry Creamsicle Jell-O	Chef's Choice Soup All American Hot Dog Vegetable Pasta Salad Chocolate Milkshake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Bratwurst Sweet Potato Tots Asst. Desserts	Crispy Asian Chicken Fried Rice Cashew Broccoli Apple Raisin Crisp	Salmon Cakes w/ Yellow Pepper Aioli Scalloped Potatoes Creamed Peas Pecan Pie	Tarragon Creamy Mustard Pork Loin Parmesan Couscous Tri-Color Peppers and Corn Ice Cream Cookie Sandwich	Horseradish Pot Roast Cheddar Chive Mashed Potatoes Rosemary Carrots Texas Chocolate Cake	Brined Herb Roasted Chicken Quarters Roasted Sweet Potatoes Country Lima Beans Old Fashioned Banana Cream Pie	Meatloaf and Gravy Mashed Potato Peas and Corn Peanut Butter Kiss Cookie

### Week 3 March 5<sup>th</sup> – March 11<sup>th</sup>

Sunday (day 15) Breakfast	Monday (day16) Breakfast	Tuesday (day 17) Breakfast	Wednesday(Day 18) Breakfast	Thursday (day19) Breakfast	Friday (Day 20) Breakfast	Saturday (day21) Breakfast
Juice Over Easy Eggs Raisin Toast Baked Apple Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Sage Breakfast Meat Citrus Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Cheese Blintz with Blueberry Topping Bacon Oatmeal / Milk Coffee/Tea/Water	Juice Ham and Cheese Omelet Toast Tropical Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Confetti Waffles Maple Syrup Beef Sausage Fresh Fruit Oatmeal/ Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Eggs in a Nest Ham Steak Apple Sauce Oatmeal / Milk Coffee/Tea/Water
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Rolls/Butter Milk/coffee Fruited Jell-O	French Onion Soup Crab and Shrimp Roll French Fries Pecan Butter Tarts Milk/Coffee	Beef and Green Chile Soup General Tso Chicken Sandwich Mandarin Orange Slaw Boston Cream Pie Milk/Coffee	Hearty Cabbage Soup Beef Brisket and Noodles Peas/red pepper/onions Chef's Choice of Cookie Milk/Coffee	Meatball and Pasta Soup Italian Sub Potato Chips Butterscotch Pudding Milk/Coffee	Ham and Split Pea Tuna Salad on Croissant Fresh Fruit Italian Cannoli Milk/Coffee	Chef's soup choice Turkey Salad Melt Ambrosia Blueberry Chocolate Cake Milk/Coffee
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Fried Fish Sandwich Pineapple Cottage Cheese Assorted Desserts Rolls / Butter Milk/Coffee	Country Fried Steak Cheesy Hash Browns Bacon Green Beans Carrot Cake Rolls / Butter Milk/coffee	Spaghetti and Meat Sauce Parmesan Zucchini Cheddar Ale Garlic Bread Chef's Choice of Ice Cream Rolls / Butter Milk/coffee	Chicken Cordon Bleu Wild Mushroom Rice Chive Parsnip Puree Cookies and Cream Pie Milk/Coffee	Brown Sugar and Bacon Glazed Salmon Smashed Ranch Redskin Potatoes Chunky Carrots Black Forest Cake Rolls / Butter Milk/coffee	Hoisin Beef Stew Grilled Green Onion Rice French Roll Rhubarb Pie Rolls / Butter Milk/coffee	Breaded Pork Tenderloin with Marinara Sauce Roasted Idaho Potato Broccoli Oreo Cookie Blizzard Rolls / Butter Milk/coffee

## Week 4 March 12<sup>th</sup> – March 18<sup>th</sup>

Sunday (day 22) Breakfast	Monday (day23) Breakfast	Tuesday (day24) Breakfast	Wednesday(Day 25) Breakfast	Thursday (day26) Breakfast	Friday (Day 27) Breakfast	Saturday (day28) Breakfast
Juice Bacon, Onion, Cheese Quiche Fresh Apples Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Beef Sausage Link Apricots Oatmeal / Milk Coffee/Tea/Water	Juice Over Easy Eggs Ham and Potato Hash Fruit Cocktail Oatmeal / Milk Coffee/Tea/Water	Juice Carrot Cake French Toast Fresh Berries Oatmeal / Milk Coffee/Tea/Water	Juice Banana and Caramel Waffles Bacon Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Warm Cinnamon Roll Yogurt Parfait Oatmeal / Milk Coffee/Tea/Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chef's Choice Soup Brunch entrée Brunch Starch Brunch Vegetable Vanilla Cookie Cups Rolls/Butter	Chicken Noodle 57 Patty Melt O-Rings Peanut Butter Cup Cookie	Lemon Asparagus Soup Turkey and Bacon Melt Fresh Fruit Chef's Choice Ice Cream	Spinach and Potato Soup Sloppy Joe Mixed Baked Beans Chef's Choice Cookie	Steak and Blackbean Soup Breaded Chicken Tenders Honey Mustard Sauce Macaroni and Cheese Bake Chocolate Pudding	Hungarian Wild Mushroom Soup Hawaiian Kuala Pork Red Beans and Rice Lemon Bars	Soup of the Day Tuna Salad Melt Tomato Soup Smoothie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Shredded Chicken Sandwich Tater Tots Assorted dessert Rolls & Butter	Coconut Lime Shrimp Skewers Cranberry Brown Rice Sautéed Spinach Lemon Chiffon Cake	Bourbon Ham Steak Parmesan Au Gratin Potatoes Country Brussels Sprouts Sweet Potato Pie	Beef Short Rib with Caramelized Onion Gravy Roasted Idaho Potatoes Dill Carrots Sticky Bread Pudding Cups	Southwestern Pork Chops Cilantro Rice Buttery Corn Salted Caramel Apple Pie	Roasted Turkey with Sage Gravy Cranberry Sauce Stuffing Green Bean Casserole Banana Mousse Cake	Spaghetti and Meatballs Peas Garlic Bread No Bake Peanut Butter Oatmeal Bars

**Week 5 March 19<sup>th</sup> – March 25<sup>th</sup>**

<b>Sunday (day 29) Breakfast</b>	<b>Monday (day30) Breakfast</b>	<b>Tuesday (day 31) Breakfast</b>	<b>Wednesday(Day 32) Breakfast</b>	<b>Thursday (day33) Breakfast</b>	<b>Friday (Day 34) Breakfast</b>	<b>Saturday (day35) Breakfast</b>
Juice Western Scrambled Eggs Hash Browns Diced Pears Oatmeal / Milk Coffee/Tea/Water	Juice Pancake Maple Syrup Turkey Bacon Grapefruit Oatmeal / Milk Coffee/Tea/Water	Juice Sausage Gravy and Biscuits Ambrosia Oatmeal / Milk Coffee/Tea/Water	Juice Churro French Toast Sticks Warm Raspberry Sauce Fresh Bananas Oatmeal / Milk Coffee/Tea/Water	Juice Cuban Breakfast Sandwich Strawberries and Grapes Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Banana Granola Pancakes Bacon Applesauce Oatmeal / Milk Coffee/Tea/Water
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Ice Cream Novelty	Pasta e Fagioli Coconut Curry Chicken Salad Black Bean Corn Tomato Salad Goopy Chocolate Peanut Bars	Beef Bourguignon Turkey Rachel Tater Kegs Chef's Choice Ice Cream	Sausage and Black Bean Soup Chicken Parmesan Sandwich Marinated Mushroom Cucumber Salad Snickerdoodles	Chicken and Wild Rice Romaine Salad Gourmet Pizza Fudgy Chocolate Chip Toffee Bars	Cauliflower Bisque Fish and Chips Cole Slaw Milly's Oatmeal Brownies	Chicken Noodle Soup and Grilled Cheese Chef's Choice Cookie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Salisbury Steak Mushroom Onion Gravy Mashed Potatoes Country Lima Beans Assorted dessert	Corned Beef Brisket Sour cream Green Onion Mashed Potatoes Braised Cabbage Lemon Drop Cake	Tandoori Chicken Breast with Cucumber Melon Relish Cumin Rice Stewed Tomatoes Chocolate Strawberry Cake Rolls / Butter Milk/coffee	Raspberry Balsamic Salmon Rosemary Roasted Yukon Potatoes Asparagus and Tri-Color Peppers Straw and Cream Pie	Mushroom Mongolian Beef White Rice Warm Tortilla Peanut Butter Silk Pie	Apple and Onion Pork Loin Mashed Sweet Potatoes Baby Beets Butterscotch Mousse Cake	Ham Steak Bread Stuffing Green Peas Virginia Apple Pudding and Ice Cream

**Week 6 March 26<sup>th</sup> – April 1<sup>st</sup>**

<b>Sunday (day 36) Breakfast</b>	<b>Monday (day37) Breakfast</b>	<b>Tuesday (day 38) Breakfast</b>	<b>Wednesday(Day 39) Breakfast</b>	<b>Thursday (day40) Breakfast</b>	<b>Friday (Day41) Breakfast</b>	<b>Saturday (day42) Breakfast</b>
Juice Sweet Corn Relish Omelet Toast Pineapple Tidbits Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Turkey Sausage Link Fresh Fruit Oatmeal / Milk	Juice Apple and Peanut Butter Raisin Toast Sandwich Bacon Oatmeal / Milk Coffee/Tea/Water	Juice Poached Pear French Toast Melt Sausage Link Oatmeal / Milk Coffee/Tea/Water	Juice Strawberry Fudge Waffle Bacon Mandarin Oranges Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Over Easy Eggs Chicken Sausage Link Toast Watermelon Oatmeal / Milk Coffee/Tea/Water
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Boston Cream Pie Milk/coffee	Butternut Squash Soup Pickled Cold Cut Combo Sub Seasoned Waffle Fries Rice Krispy Treats	Chicken Noodle Turkey Pecan Salad Fresh Fruit Sweet Bread Chef's Choice Ice Cream	Shrimp Bisque Johnny Marzetti Garlic Toast Pineapple Parfait	Mulligatawny Classic Club Sandwich Cheddar Sour Cream Chips Ice Cream Novelty	New England Clam Chowder Meatloaf Sandwich House Made Ketchup Vegetable Pasta Salad Fruited Jell-O	All American Hot Dog Macaroni and Cheese French Silk Pie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Reuben Sandwich Curly Fries Assorted Dessert Milk/Coffee	Sesame Pepper Swiss Steak A1 Golden Mashed Potatoes Broccoli Strawberry Shortcake	Ham Loaf w/ Gravy Cheesy Baked Potato Corn Casserole Key Lime Pie	Carolina Copper Glazed Pork Loin Cheesy Bacon Hash Browns Creamed Spinach German Chocolate Cake	Crab and Shrimp Stuffed Salmon Bourbon Rice Bok Choy and Carrots Lemon Meringue Pie	BBQ Ribs Baked beans Cole Slaw Corn bread Chocolate Chip Cheesecake	Caesar Salad Steak and Sweet Corn Chili Pumpkin Pie