

Week 1 January 21st – January 27th

Sunday (day 1) Breakfast	Monday (day2) Breakfast	Tuesday (day 3) Breakfast	Wednesday (Day 4) Breakfast	Thursday (day 5) Breakfast	Friday (Day 6) Breakfast	Saturday (day 7) Breakfast
Juice Ham and Cheese Quiche Warm Cinnamon Apples Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Sausage Links Fruit Cocktail Oatmeal / Milk Coffee/Tea/Water	Juice Bacon Egg and Cheese Croissant Hash Browns Diced Pears Oatmeal / Milk Coffee/Tea/Water	Juice Caramelized Onions and Potato Omelet Wheat Toast Apricots Oatmeal / Milk Coffee/Tea/Water	Juice Banana Foster French Toast Beef Sausage Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Chocolate Chip Waffles Ham Steak Tropical Fruit Oatmeal / Milk Coffee/Tea/Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Blueberry Pie Rolls/Butter	Cream of Mushroom Soup Ham and Cheese Burger Breaded Green Beans Brownies Milk/Coffee	Aztec Soup Turkey Hot Brown Fresh Cut Fruit Salad Chef's Choice Cookie Milk/Coffee	Ham and Bean Soup Taco Salad Oatmeal Jam Bars Milk/Coffee	Potato Leek Soup Hawaiian Hotdog Cole Slaw Creamsicle Jell-O Milk/Coffee	Cream of Zucchini Cod Tacos Black Bean Rice Hot Fudge Sundae Milk/Coffee	Chef's Soup Grilled Pimento Sandwich Onion Rings Strawberry Milkshake Milk/Coffee
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Pot Pie Country Green Beans Assorted dessert Rolls / Butter Milk/coffee	Beef and Sausage Lasagna Broccoli Garlic Bread Stick Chocolate Cake Rolls / Butter Milk/coffee	Creamy Chicken and Wild Mushroom Penne Garden Peas Lemon Krunch Pie Rolls / Butter Milk/coffee	Honey and Roasted Garlic Glazed Salmon Wild Rice Country Brussel Sprouts Apple Crumble Rolls / Butter Milk/coffee	Chopped Steak with Mushrooms and Onions Buttery Mashed Potatoes Beets Chef's Choice Ice Cream Rolls / Butter Milk/coffee	Pork Schnitzel German Potato Salad Braised Red Cabbage Lemon Meringue Pie Rolls / Butter Milk/coffee	Chili and Cornbread Cranberry Orange Cupcake Rolls / Butter Milk/coffee

Week 2 January 28th – February 3rd

Sunday (day 8) Breakfast	Monday (day9) Breakfast	Tuesday (day 10) Breakfast	Wednesday(Day 11) Breakfast	Thursday (day12) Breakfast	Friday (Day 13) Breakfast	Saturday (day14) Breakfast
Juice Sunrise Skillet Toast Apricots Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Sausage Links Peaches Oatmeal / Milk Coffee/Tea/Water	Juice Ham Egg and Cheese Crepe Tropical Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Mushrooms and Sundried Tomato Omelet Sourdough Toast Fresh Strawberries Oatmeal / Milk Coffee/Tea/Water	Juice Pumpkin Waffles with Maple Syrup Bacon Fresh Berries Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Sausage Gravy and Biscuits Dark Cherries Oatmeal / Milk Coffee/ Tea / Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Jell-O Cake Rolls/Butter	Fava Bean and Farfalle Teriyaki Turkey Melt on a Pretzel Bun Apple Waldorf Salad Raspberry Cheesecake Bites	Beef and Root Vegetable Soup Herb Crusted Chicken Wrap Zucchini Fries Peanut Butter Oreo Dessert	Bacon and Potato Soup Roasted Top Round Open Faced Sandwich Mixed Vegetable Chef's Choice of Cookie	Pork Posole Harvest Salad Apple Cider Maple Vinaigrette Dinner Roll Bumbleberry Pie	Meatball and Pasta Soup Southern Peach Ham Sandwich Potato Salad Cherry Creamsicle Jell-O	Chef's Choice Soup All American Hot Dog Macaroni and Cheese Chocolate Milkshake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Shrimp Salad Sandwich Mandarin Oranges Asst. Desserts	Mongolian Chicken Fried Rice Broccoli Peach Pie	Meatloaf with House made Ketchup Grilled Green Onion Mashed Potatoes Skillet Corn Pecan Pie	Smothered Pork Chops Scalloped Potatoes Cut Green Beans Ice Cream Cookie Sandwich	Rosemary Roasted Beef Tenderloin with Horseradish Sauce Mashed Potatoes Honey Glazed Carrots Texas Chocolate Cake	Maryland Crab Cakes with Creamy Remoulade Sauce Dried Apricot and Pecan Wild Rice Sautéed Spinach Old Fashioned Banana Cream Pie	Chicken and Rice Casserole Peas Peanut Butter Kiss Cookie

Week 3 February 4th – February 10th

Sunday (day 15) Breakfast	Monday (day16) Breakfast	Tuesday (day 17) Breakfast	Wednesday(Day 18) Breakfast	Thursday (day19) Breakfast	Friday (Day 20) Breakfast	Saturday (day21) Breakfast
Juice Over Easy Eggs Raisin Toast Baked Apple Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Sage Breakfast Meat Citrus Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Breakfast Casserole Baked Pears Oatmeal / Milk Coffee/Tea/Water	Juice Prosciutto and Parmesan Omelet Omelet White Toast Tropical Fruit Oatmeal / Milk Coffee/Tea/Water	Juice Waffles with Syrup Canadian Bacon Bananas Oatmeal/ Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Over Easy Eggs Hash Browns Ham Steak Apple Sauce Oatmeal / Milk Coffee/Tea/Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Rolls/Butter Milk/coffee Fruited Jell-O	Shrimp Chowder Steak Fajitas with Flour Tortilla Spanish Rice Pineapple Upside Down Cake Milk/Coffee	Creamy Mushroom Barley Soup Buffalo Chicken Sandwich Potato Pancakes Chef's Choice of Cookie Milk/Coffee	Chicken and Black Bean Soup Cuban Sandwich Sweet Potato Tots Peanut Butter Buckeyes mmm Milk/Coffee	Beef and Noodle Soup Italian Sausage Hoagie Potato Chips Banana Pudding Cups Milk/Coffee	Ham and Split Pea Monte Cristo Fresh Berries Apple Brown Betty Milk/Coffee	Chef's soup choice Tuna Salad Melt Chopped Cucumber and Tomato Salad Blueberry Chocolate Cake Milk/Coffee
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Mushroom Swiss Burger French Fries Assorted Desserts Rolls / Butter Milk/Coffee	Hoisin Glazed Pork Tenderloin Smashed Bacon Redskin Potatoes Broccoli Carrot Cake Rolls / Butter Milk/coffee	Spaghetti and Meat Sauce Italian Vegetable Cheddar Ale Garlic Bread Chef's Choice of Ice Cream Rolls / Butter Milk/coffee	Italian Stuffed Chicken with Parmesan Sauce Roasted Red Pepper Rice Peas Cookies and Cream Pie Milk/Coffee	Shrimp Scampi Lemon Garlic Pasta Roasted Carrots Black Forest Cake Rolls / Butter Milk/coffee	Pan Seared Airline Chicken with Pancetta Gravy Vegetable Couscous Green Beans Boston Cream Pie Rolls / Butter Milk/coffee	Salisbury Steak Cheesy Hash Browns Sautéed Carrot Coins Peanut Butter Cup Blizzard Rolls / Butter Milk/coffee

Week 4 February 11th – February 17th

Sunday (day 22) Breakfast	Monday (day23) Breakfast	Tuesday (day24) Breakfast	Wednesday(Day 25) Breakfast	Thursday (day26) Breakfast	Friday (Day 27) Breakfast	Saturday (day28) Breakfast
Juice Bacon, Onion, Cheese Quiche Fresh Apples Oatmeal / Milk Coffee/Tea/Water	Juice Pancakes Maple Syrup Beef Sausage Link Apricots Oatmeal / Milk Coffee/Tea/Water	Juice Over Easy Eggs Hash Browns Toast Fruit Cocktail Oatmeal / Milk Coffee/Tea/Water	Juice Philly Steak Omelet Fresh Berries Oatmeal / Milk Coffee/Tea/Water	Juice Nutella Waffles Bacon Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Warm Cinnamon Roll Yogurt Parfait Oatmeal / Milk Coffee/Tea/Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chef's Choice Soup Brunch entrée Brunch Starch Brunch Vegetable Vanilla Cookie Cups Rolls/Butter	Chicken Noodle Bistro Burger Regular Waffle Fries Vanilla Mousse	New England Clam Chowder Turkey Rachel Fresh Fruit Chef's Choice Ice Cream	Cream of Spinach Soup Sloppy Joe Macaroni and Cheese Chef's Choice Cookie	Chicken Parmesan Soup Batter Dipped Tilapia Sandwich Salt and Vinegar Chips Pistachio Pudding	Beef and Wild Mushroom Soup Muffuletta Sandwich Mashed Potato Bites Lemon Bars	Tomato Soup and Grilled Cheese Smoothie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Pot Pie Cole Slaw Assorted dessert Rolls & Butter	Cracker Crusted Walleye Cranberry Brown Rice Sautéed Spinach and Tomatoes Lemon Chiffon Cake	Pineapple Glazed Ham Parmesan Au Gratin Potatoes Country Brussels Sprouts Sweet Potato Pie	Herb Roasted Chicken Parsley Buttered Redskin Potatoes Asparagus Peanut Butter Silk Pie	Beef Short Rib with Caramelized Onion Gravy Sundried Tomato Mashed Potato Dill Carrots Salted Caramel Apple Pie	Roasted Turkey with Sage Gravy Cranberry Sauce Stuffing Green Bean Casserole Crème Brulee	Mushroom Beef Tips and Noodles Mixed Vegetable No Bake Peanut Butter Oatmeal Bars

Week 5 February 18th – February 24th

Sunday (day 29) Breakfast	Monday (day30) Breakfast	Tuesday (day 31) Breakfast	Wednesday (Day 32) Breakfast	Thursday (day33) Breakfast	Friday (Day 34) Breakfast	Saturday (day35) Breakfast
Juice Western Scrambled Eggs Hash Browns Diced Pears Oatmeal / Milk Coffee/Tea/Water	Juice Pancake Maple Syrup Turkey Bacon Grapefruit Oatmeal / Milk Coffee/Tea/Water	Juice Egg Sausage and Cheese Buttermilk Biscuit Sandwich Ambrosia Oatmeal / Milk Coffee/Tea/Water	Juice Ham and Swiss Omelet Raisin Toast Fresh Bananas Oatmeal / Milk Coffee/Tea/Water	Juice Breakfast Casserole Strawberries and Grapes Oatmeal / Milk Coffee/Tea/Water	Juice Scrambled Eggs Sausage Patties Chef's Choice Breakfast Pastry Oatmeal / Milk Coffee/Tea/Water	Juice Chocolate Chip Pancakes Bacon Applesauce Oatmeal / Milk Coffee/Tea/Water
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup Chef's choice Brunch entrée Brunch Starch Brunch Vegetable Ice Cream Novelty	Italian Wedding Soup Tuna Patty Melt Creamed Peas Banana Split Cake	Cauliflower Bisque Beef Quesadilla Black Beans and Rice Chef's Choice Ice Cream	Lentil Soup Hand Breaded Chicken Tenders Bacon Queso Macaroni Snickerdoodles	Chicken Tortilla Soup Romaine Salad Gourmet Pizza Chocolate Mousse	Turkey Vegetable Fish and Chips Cole Slaw Blondies	Chef's Choice of Soup Grilled Peanut Butter and Banana Sandwich Fresh Fruit Chef's Choice Cookie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatball Sub House Salad Assorted dessert	Chicken Parmesan Ziti Pasta Broccoli Peach Pie	Hunter Style Pork Tenderloin Wild Rice Pilaf Roasted Brussel Sprouts Chocolate Strawberry Cake Rolls / Butter Milk/coffee	Oven Baked Tilapia with Spinach Artichoke Sauce Couscous Baby Carrots Straw and Cream Pie	Sauerbraten Spätzle Braised Red Cabbage Peanut Butter Silk Pie	Home-Style Chicken and Biscuits Baby Beets Tiramisu	Stuffed Shells Cut Green Beans Virginia Apple Pudding and Ice Cream