



## Finding the Right Fit For Your Loved One

- Independent Living
- Transitional Living
- Assisted Living
- Memory Care
- Skilled Rehab
- Long-term Care
- Adult Day Program
- Respite

What are all these senior services, and what's right for my loved one - or me?

Navigating all the options can be overwhelming. That's why, based on 50 years of serving older adults, we've created this guide to help you.

Please read through the following scenarios. Check the boxes that apply to you or your loved one. After you've read through the guide, note which scenarios have the most checked boxes. Let this serve as a reference point for the options offered at Willow Brook, and a starting place for your senior living journey.

Questions, or ready to talk to someone? We're only a phone call away: give us a call at 740-201-5640.



## SCENARIO #1

### Your loved one:

- ☐ Currently lives independently and is thriving.
- ☐ Travels, and wants to maintain the ability to do so.
- ☐ Experiences a few aches and pains, or even a chronic illness, but that doesn't stop him/her from fully enjoying life.
- ☐ Can drive, but prefers daytime driving or driving close to home most of the time.
- ☐ Still prepares most of her/his own meals and/or wants the option to cook.
- ☐ May use a walker, cane, or Rollator, and gets around pretty well.

**Your loved one is a good candidate for independent living.**

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

WILLOW BROOK AT DELAWARE RUN  
Delaware • (740) 201-5640

## SCENARIO #2

### Your loved one:

- ☐ Would benefit from reminders: to bathe, eat, go to activities, take medications, etc.
- ☐ Needs a bridge to transition between independent living and assisted living.
- ☐ Would be reassured knowing that help from an aide can be had at the push of a button.
- ☐ Could use support with taking care of a spouse or other family member who needs a higher level of care.
- ☐ Requires regular assistance with housekeeping and/or laundry.

Your loved one would be a great fit for transitional living, where he/she can live independently in an apartment with access to on-site staff 12 hours per day for help with personal care, medication, meal reminders, and more.

*This is offered at:*

WILLOW BROOK AT DELAWARE RUN  
Delaware • (740) 201-5640





## SCENARIO #3

Your loved one:

- ☐ Struggles to dress himself/herself, reach shoelaces, do their own laundry, etc.
- ☐ Needs help taking his/her medications correctly.
- ☐ Has forgotten about food or water on the stove, creating a fire hazard.
- ☐ Sometimes forgets to eat.
- ☐ Is not as careful as he/she once was about opening the door to strangers or giving out personal information.
- ☐ Would rather take a sponge bath or not bathe at all.
- ☐ Seems regularly fatigued, and needs motivation or family intervention to complete activities of daily living.
- ☐ Has fallen or had accidents that you found out about later.
- ☐ Relies on you as a caregiver, yet you are trying to balance work and your own family along with caring for your loved one.

Your loved one would be a good fit for assisted living. Assisted living has licensed nurses available 24/7 and staff to help with daily tasks (dressing, bathing, medication, and more). Your loved one will also benefit from social activities, nutritious meals, and outings.

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

WILLOW BROOK CHRISTIAN HOME  
Columbus • (614) 885-3300

WILLOW BROOK AT DELAWARE RUN  
Delaware • (740) 201-5640





## SCENARIO #4

**You:**

- ☐ Have daytime responsibilities, but are able to care for your loved one in the evenings or on weekends.
- ☐ Notice that your loved one seems lonely and lacks structure or stimulation in his/her life.
- ☐ Are seeing changes in your loved one: they repeat questions, can't remember things from day-to-day, forget to eat or take their medication, etc.
- ☐ Often worry when your loved one is home alone during the day.
- ☐ Are not yet ready to consider a permanent placement for your loved one, but know they need additional support.

**Adult day programming might be the right solution. Your loved one can attend a structured program Monday through Friday, full- or part-time. Adult day fees are lower than home care and residential services.**

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

## SCENARIO #5

Your loved one:

- ☐ Is experiencing memory loss which is causing isolation, disengagement, and/or risk of harm.

You:

- ☐ Would love to keep your loved one home with you, but live in constant fear that they may leave the house and get lost or hurt.
- ☐ Are upset and frustrated by the continuous, frenetic pace of trying to balance your own life and the level of care your loved one requires.
- ☐ Have done what you can for as long as you can, and are at the end of your rope. You need help.

Adult day programming may give you the daytime break you need to make it through the evening. Or, if it is unsafe for your loved one to be in an unsecured area, memory care might be needed. Memory care has 24-hour nursing, activities, and specially-trained caregivers. Talk to us about your loved one's needs - and yours.

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

WILLOW BROOK AT DELAWARE RUN  
Delaware • (740) 201-5640







## SCENARIO #6

Your loved one:

- ☐ Is going to the hospital for surgery, or has experienced an acute incident like a stroke or serious fall.
- ☐ Needs therapy or skilled care for a few weeks before they can be safe at home again, but the hospital is ready to discharge him/her now.

You:

- ☐ Are hopeful your loved one will be able to return home once he/she has a chance to heal.

**Short-term rehabilitation or skilled nursing services are your best options. They will get your loved one functioning and back home.**

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

WILLOW BROOK CHRISTIAN HOME  
Columbus • (614) 885-3300

## SCENARIO #7

Your loved one:

- ☐ Is in the hospital - or has been - due to a health crisis, accident, or serious illness and has not recovered.
- ☐ Won't be able to live alone again.
- ☐ Needs access to 24-hour nursing services.
- ☐ Has a doctor or other medical professional who is recommending your loved one move to a care community.

Your loved one likely needs continuing care. Whether this care is provided in assisted living or a long-term care setting such as a nursing home depends on several factors. We can work with you to find which level of care would best serve your loved one.

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

WILLOW BROOK CHRISTIAN HOME  
Columbus • (614) 885-3300





## SCENARIO #8

Your loved one:

- ☐ Is having surgery, and post-procedure, will need time to gain strength or have daily supports in place that will help in their recovery.

You:

- ☐ Would like to leave for a trip or vacation, but do not feel comfortable taking your loved one with you or leaving them at home.
- ☐ As your loved one's primary caregiver, need a break. Not forever, but at least a week.

**A respite stay might be the perfect solution! Your loved one can stay for a week or more in a safe, comfortable, and caring environment.**

*This is offered at:*

WILLOW BROOK CHRISTIAN VILLAGE  
Delaware • (740) 369-0048

WILLOW BROOK CHRISTIAN HOME  
Columbus • (614) 885-3300

WILLOW BROOK AT DELAWARE RUN  
Delaware • (740) 201-5640



Take a deep breath. We are here to support you every step of the way!

We hope this guide has been helpful and that you feel more informed about the options available at Willow Brook. We would love to have you visit our campuses. To schedule a tour, ask questions, or receive additional information (including digital or hard copy brochures), please call us at 740-201-5640 or complete the contact form on our website at [willow-brook.org](http://willow-brook.org).

