



Server Chris Cerminara is taking a break in the renovated Courtyard Restaurant at Willow Brook Christian Village.

A New Day at Willow Brook

A summer of change has become an eventful autumn, with grand reopenings at Willow Brook Christian Village, construction at Willow Brook Christian Home, and another groundbreaking for Willow Brook at Delaware Run. Stories and photos begin on page 3.

Larry's Essay page 2

Honors for Great Taste page 6

The Maintenance Poet page 7

Music was my refuge. I could crawl into the space between the notes and curl my back to the loneliness. Maya Angelou 1928-2014

ne late-summer afternoon, old Cheerios, my elderly yellow tabby of 18 years, is catching some zzz's in our backyard swing. It's a padded two-seater tucked in the deep shade of a corner arbor where Janet and I are rumored to cuddle on these cool autumn evenings. Dead to the world in his kitty slumber, our old bony cat is oblivious to menacing clouds assembling in the western sky. Dark and foreboding, they portend wind and rain and scary, ear-splitting arcs that are sure to rip across the great vault of sky – all the cataclysmic havoc and mayhem of the apocalypse. It's

At the first faint rumble of distant thunder, whiskers twitch and a pointy ear perks. At the second, he

headed this way, Cheerios.

springs off like a cheetah racing across a savannah in hot pursuit of a bounding gazelle. He bolts up the steps to the deck with the vigor of a yearling, and makes a beeline for the back door where he pleads in his most earnest feline cry for immediate admittance. Janet accommodates. He pushes past her on a life-or-death mission, flying up the

stairs, and disappearing under the dust ruffle of our bed to his default place of refuge - a tight space between a shoebox of faded photographs and a stack of Janet's old Victoria magazines.

that imperil their worlds. He's safe. The horrifying demons about to be unleashed by the approaching storm won't know where to look. They may stomp and thrash and rage and roar, they may rattle

the house with their thunderous bellows, but they won't reach him there. Our sweet little pet will ride out the siege with absolute assurance that he'll live to fight another day. He may even resume his nap.

ll living creatures yearn for a place of escape from the storms and monsters that imperil their worlds. Rabbits have their warren, a turtle has a shell, bees their hive, and our Cheerios, his under-bed hideout.

What about you and me? When troubles come pressing in, when worries swarm like foreshadowing ravens in a late-night horror flick, where do we take leave for safety and sanctuary?

When I was little, monsters would sometimes come prowling in the small, dark hours of the night. They did. I

never knew their intent for sure, but I was almost certain they were up to no good. I would lie in bed perfectly still, barely breathing. Listen! Hear them? They're out there all right, on the hunt, stalking and sniffing and probing. Where to hide? I can't dash in the wide open down to Mom and Dad's bed. I'd be a goner for sure. So I do the only thing I can – I whip the covers up over my head. Turns out they were good as a Star Wars deflector shield, and they worked every time. No monster ever made me his midnight snack!

For others facing real-life dragons, their sanctuaries sometimes fail them. Think of Anne Frank and her family holed up in hidden rooms of that Amsterdam house in World War II. The Germans ferreted them out anyway and packed them off with six million others to their hellish

> death factories. I look this day at my Syrian sisters and brothers fleeing the frightful horrors of a war they did not make, with real life, dire

outcomes. Where can they run? Who will take them in? My heart cries for them.

am not pursued by Nazis or ISIS. My life is not weighing in a balance. Yet I sometimes retreat to a place of peace and sanity from a world that has been certified insane. Late in the evenings, I sometimes make

> my way to our living room sofa and stretch out in the half-light. Then, with no exchange of words, Janet comes to soothe me with her piano. Her fingers tenderly caress the keys and coax forth music. Haunting music. *The Old Rug*ged Cross; the '60s civil rights anthem, Lift Every Voice and Sing; Burt Bacha-

rach's Message to Michael. Her repertoire ranges into the hundreds.

Balmy music rises from her spinet like spicy plumes of incense drifting toward heaven, and drafting with them all the cares of my day. Her refrains surround me like a downfilled comforter. Her face, now bent toward the sheet music, glows with amber light from the piano lamp; her hands

sweep the keyboard as they perform their night magic. Nothing can reach me in this sanctuary. I am safe. Like Cheerios in his hideaway, I have found my own place of private refuge.

All living creatures yearn

for a place of escape from

the storms and monsters

Larry Harris, CEO lharris@willow-brook.org



Willow Brook Christian Village Completes Transformations

After five months and more than a million dollars worth of renovations, Willow Brook Christian Village has completed a massive transformation of The Courtyard Restaurant and its newly-acquired adult day services program, Willow Brook by Day. The center had been on campus for more than twenty years and had been operated by another nonprofit organization. SourcePoint, another Delaware County nonprofit agency, provided significant operational and renovation funding. A breakfast open house and ribbon cutting event was held in September.

In the Courtyard Restaurant project, a massive, four-sided fireplace in the center of the room immediately captures the eye. The dining area has been expanded into four already-existing outdoor courtyards, affording an interesting view and additional table space.

Another attention-grabber is an outdoor wood-fired pizza oven imported from Italy and installed in one of the courtyards. Thursday night is now Pizza Night at the Village!

"The construction process was a tremendous challenge," according to Willow Brook CEO Larry Harris. "It affected every single person, since it involved temporarily moving each of the three dining areas into activity lounges and the Terrace Room banquet hall upstairs.

"I can't tell you how proud I am of the good humor maintained by both residents and the staff during the process. It took incredible coordination and cooperation to accomplish, and they did it smoothly and graciously."

Change is also underway down US 23 on the Delaware-Franklin County border, where renovations at Willow Brook Christian Home focus on expanding the entryway and vestibule of the skilled nursing and rehabilitation

see Transformations page 5







Top: Soaring ceilings and a massive fireplace lend grandeur to the renovated restaurant. Center: A pizza oven has been Chef John Lindeboom's dream, and now that it has been fulfilled, he is busy creating wood-fired pizzas. Bottom: Delaware Area Chamber of Commerce president Holly Quaine, chef John Lindeboom, events manager and dining room supervisor Julie Bardelang-Wolf, CEO Larry Harris, SourcePoint president Robert Horrocks, and Willow Brook by Day manager Sally Gallant cut the opening ribbon in celebration of the "new" Courtyard Restaurant and adult day services center.

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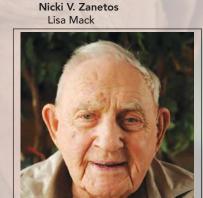
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Anniversary

Terrie Winnett



The background photo is in memory of Walter Kimball, longtime resident of Willow Brook Christian Home

Tribute Gifts made to honor the living

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Sally Gallant, director of Willow Brook by Day

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Willow Brook Christian Village

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Willow Brook at Delaware Run

100 Delaware Crossing West Delaware, Ohio 43015 Phone: (740) 201-5640

Worthington, Ohio

Willow Brook Christian Home

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Willow Brook Assumes Management of **Adult Day Services**

After more than twenty years of providing adult day services with nonprofit partners at The Village, Willow Brook has taken over the operations and renamed the service.

Willow Brook by Day opened as an official program of Willow Brook Christian Communities on September 1st. The space has been completely renewed, with everything changed except the staff.

Director Sally Gallant, who has been director for the past ten years, has remained to head up the Willow Brook iteration of adult day services, and many of her staff remained as well.

Adult day services are designed to allow disabled adults to participate in a warm, happy and creative environment during the day, allowing their caregivers to comfortably work and participate in community life. Participants return home in the evening and continue to live with their families.

from Transformations page 3

center. Workers are adding several windows across the front, enlarging and automating entry doors, and erecting a cupola to match another on the building. Inside, interior lighting is being modernized, and the Heritage Dining Room is getting a facelift. A Thanksgiving completion is expected.



Dan Rhodes, president of the construction company CRC, Inc., and Home executive director David Chappell confer about renovation progress at the building entrance.



Celebrating their victory are (left to right) Eric Radcliff, Bill Kutanon, Carle Pennel, Kendall Friend, Culinary Director Kristen Waby, and Tai Mickey.

Home Voted Tops in Taste of Worthington again!

The Home's culinary team snagged two first-place wins in July's Taste of Worthington competition, in both the appetizer and dessert categories. Chef Kristen Waby and her team went up against 19 top-end restaurants and others who had booths at the event, and out-grilled them all! This was Willow Brook's eighth first-place finish in 11 years.



Delaware Run Expansion Slated for November

The City of Delaware, Ohio, has approved Willow Brook's plans for expansion of Delaware Run, and the bidding process for a new wing is complete. Construction is to begin this fall.

Plans call for building additional apartments and assisted living suites on three floors that will connect the existing assisted living and memory care wings of the building. At the same time, a new and expanded outdoor courtyard is being planned for the memory care center, allowing for the addition of gardens and plenty of room to wander in fresh air and safety.

Construction of the new wing is expected to be completed next fall.



Residents of Willow Brook Christian Village have taken over a large room beside the adult day services program and have created their own arts and media center. They decorated it and invited open house visitors in to see what they are doing. Here, Rosalie Miller is beginning a new stained glass project.

Artists and Writers Honored

Every year, LeadingAge Ohio, an association of not-for-profit aging services across Ohio, conducts a state-wide art and writing competition. And every year, dozens of Willow Brook artists submit pieces of their work. Winners of regional competitions go to the state finals in Columbus. And every year, our talented residents walk away with dozens of ribbons.

We held a reception to showcase their work. Here, Delaware Run resident Peg Crowe is admiring a Memory Window assembled by Village assisted living residents and featuring old handkerchiefs, photos and quotations. The piece garnered a 1st place ribbon in the regional competition.



I Want to Stare Back at the Sky Again

by Eric Sattler Maintenance Worker Willow Brook Christian Village

I want to stare back at the sky again, Be it red, blue or grey. And to be so in awe of its beauty That I have no words to say. I want to see and hear the brook again while the waves dance with light Whether it be by blazing sun at day, or by silent moon at night. I want to hear the trees that speak To all who choose to listen. And watch the dew-like diamonds fade From autumn leaves that glisten. I want to marvel at the strength Of a mountain fixed and tall, And see the towering majesty Of an anthill so comparably small. I want to love those around me Unconditionally and without pause. We don't need to have a reason. Love each other.

Just because.



Eric Sattler maintenance man/poet

A Reflection from the CEO...

Last year we received an employment application from Eric in response to an ad we were running for

a maintenance job. In reviewing it, I was surprised to see his response to our essay question, "Why would you like to work for Willow Brook?" He wrote: For years, it has been my desire (perhaps even a "calling") to help others who are elderly, handicapped, or less fortunate. I believe a position of employment with Willow Brook would generate opportunities to provide assistance and improve the quality of life for its residents... "If I can stop one heart from breaking ...or ease one life the aching ...then I shall not live in vain."

This was the first time anyone, let alone a maintenance person, had quoted a poem by Emily Dickinson in our employment application. He had no way of knowing it was my all-time favorite! I said to my HR staff, "Hire this poet!" These past nine months, Eric has proved this to have been the correct decision.

Larry Harris, CEO



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