

CHRISTIAN
COMMUNITIES
Willow
Brook

REFLECTIONS

SUMMER 2008
VOLUME 30 NUMBER 1



Willow Brook Christian Home residents Bob and Eline Sanctuary

Construction at our Delaware Run Community is cranked. The warm spring breezes are saturated with the roar of raging bulldozers, the sharp clank of steel striking steel, and all the clamor and din and racket and ruckus you would expect a small army of hard-hatted workers to raise.

We are building the Village Square complex smack in the heart of our 50-acre Delaware Run campus. This 158,000 square-foot structure will house apartments, a healthcare center, the village restaurant, and all the rest that goes into a great retirement community. Already twin-single homes are in place, with the majority occupied. This Village Square now will finish out Delaware Run in fine form.

It is difficult for me to overstate my sense of pride as I watch this project emerge from the fog. In fact, this business of construction is the part of my job I love the most. I like finding a farmer's field and figuring out a strategy to transform it into a gorgeous village. My development team and I look for ways to preserve trees and streams, and work our homes and buildings into the natural lay of the land.

With thoughtful use of those acres, we are building a community that will serve deep into the future. Long after we all have left the scene, distant generations will be enjoying their apartment homes overlooking the lake, they will be dining with friends in the restaurant by the water, and, in the healthcare center, they will be receiving care from nurses not yet born.

These days my thoughts often turn to those who are lining up to move into apartments this time next year. They already are sitting down with realtors, cleaning out closets, and nagging middle-aged kids to move their college stuff out of the basement. It's time to jettison excess baggage. Mom and Dad are moving to Willow Brook.



Larry Harris, CEO
lharris@willow-brook.org

No Regrets

by Larry Harris, CEO

I pledge that we will maintain a ministry rooted in Christian values and dedicated to the preservation of human worth and dignity.

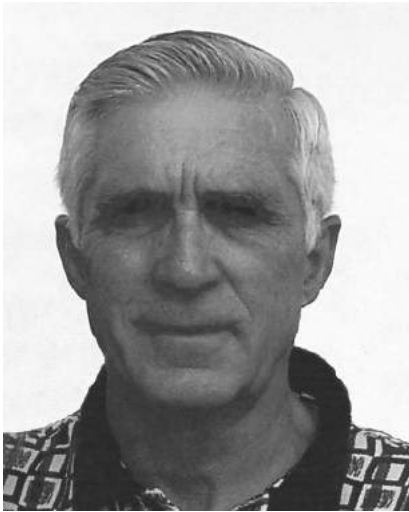
It is for these good people that we are going to all the trouble to bring into being another community that will rival our original in beauty and comfort. And believe me, that's saying something.

Back in 1972 when Willow Brook started out, our founders could hardly have imagined all that Willow Brook would become. In those hungry years, we were nothing more than an unassuming 25-bed nursing home. Now as our Village Square project at Delaware Run moves toward completion, more than 600 old friends will come to call one of the three Willow Brooks home.

I know the decision to leave a home of 25 or 30 years isn't easy. It takes some courage to uproot yourself and move off to a new place – even a warm, welcoming place with a reputation as good as ours. But Willow Brook Christian Village and our twin-single homes at Delaware Run are brimming with people who are mighty glad they took the plunge. They came to Willow Brook to live the carefree life and enjoy good times with their peers. Some didn't know a soul when they moved in, but they remained strangers for only a brief while. Our campuses are populated with neighbors eager to welcome a newcomer into their midst – decent, caring people who believe in having a good time in their later years. They look out for each other, and many have become friends for life.

Those who cast their lot with us are shifting into our hands all of their tomorrows. This is a sobering responsibility for Willow Brook, and a relationship of trust I will never take lightly. I pledge to them – and to all who are contemplating a move here – that I and my team will give our best efforts to see that they remain happy, safe, and secure. I pledge competence and full attention to their needs. I pledge honesty and transparency. Above all, I pledge that we will maintain a ministry rooted in Christian values and dedicated to the preservation of human worth and dignity, that will serve always in a manner that will lead to peace of mind with no regrets.

From the President



*Herman McHan
President
Board of Trustees*

We see gifts of love every day at Willow Brook. We see them in those little acts of kindness and affection shown by staff members toward the people under their care.

We see what spouses who have been together for decades do to help one another get through the day. We smile and nod, commenting on the enduring nature of true love. We make note of the kindness that residents demonstrate toward one another, the affectionate support, the caring inquiries, the gentle remembrances and the firmness of friendships formed that take on an importance proportional to their need.

Gift of Love is the name of Willow Brook's volunteer award. You will read in this issue of *Reflections* about this year's recipients of the Gift of Love Award and admire with us their capacity for sharing that gift.

My first year as president of the board of trustees ended in January, and soon I will bring another, totally new perspective to my volunteer position. My wife, Karen, and I are selling our home in Lisbon, Ohio, and moving into a twin-single home at Willow Brook Christian Village.

This is not a move we make lightly. Like any other couple making such monumental financial, health and social decisions, we spent much time in prayerful research. Somehow, we knew we'd find the answer right here at Willow Brook. It's as we had heard all along: making the right decision has brought us peace of mind.

Our Humble Thanks

The Gift of Love Awards are presented annually to volunteers from each of Willow Brook's campuses in honor and appreciation of the unselfish acts of kindness that are performed for the benefit of our residents.

Nearly every single day Elmer Hogue took his Delaware Run neighbor to a hospital in Columbus to sit at the bedside of her husband – and then took her home again. He did this not for a few days or weeks, but for nearly six months.

Larry Clark first spent time at Willow Brook Christian Home to help his late wife, Sue, at mealtime. As the years passed, he contributed more and more to the lives of all the residents in the skilled nursing and assisted living centers.

Even since Sue's death he continues to visit, escorting those who need help on trips and sharing his warm, gentle touch.

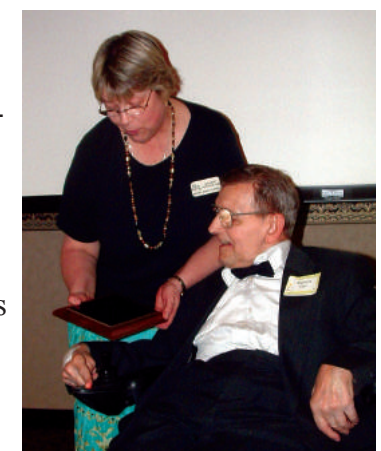
Larry leads a monthly reminiscences



Elmer Hogue, Delaware Run



*Larry Clark
Willow Brook Christian Home*



*Richard Susi
Willow Brook Christian Village*

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The Willow Brook Campuses

When Willow Brook Christian Home opened its doors on Lazelle Road on the Franklin/Delaware County line in 1972, it was because of the vision of some members of the Churches of Christ in Central Ohio who fervently believed that God was calling us to minister to the health and housing needs of older adults. Over the years that ministry has been blessed and has grown from one location to three:

Willow Brook Christian Home, offering skilled nursing care and assisted living on the northern edge of Worthington. Every room is private, with its own bath, and the all-inclusive rates include telephone, cable television, laundry, meals, medication administration and bathing.

Willow Brook Christian Village, a full-service retirement community nestled into a wooded, 31-acre campus, on the southern edge of Delaware, Ohio. Residents of “The Village” live independently in twin-single homes and apartments, or with varying levels of help in the Centrum assisted living, Cherith nursing and rehabilitation, or Passages memory care. Willow Brook also hosts a Heritage Day Health Center adult day care program.

Willow Brook at Delaware Run, under construction on 49 tree-filled acres on the western edge of Delaware. Slated for completion in the late Spring of 2009, Delaware Run is patterned after its sister community in Delaware and will be similar in tone and features, including ponds, trees, fine dining, art studios, libraries, hair salons, and that all-important access to the community assets that Delaware has to offer.

Each of our communities is offered up as a ministry to our elders, and each person is tended to with respect and love for the gifts he or she has bestowed upon a grateful family, community and country. It is our mission, our ministry, and our honor to do so.

The welcome centers are open seven days a week on both independent living campuses, and of course the healthcare centers in Delaware and Worthington/Columbus are always staffed, but it doesn't hurt to call in advance for an appointment. Then you know someone will be able to devote as much time as you need to your questions.



A twin-single home at Delaware Run



The rooms overlooking one of two courtyards at Willow Brook Christian Home



A twin-single home at Willow Brook Christian Village

The Willow Brook Ministries

There's a place for you at Willow Brook no matter what your health status is. As a continuing care retirement community, Willow Brook's services and housing options revolve around your changing needs. You are able to age in place, without leaving the community and friends you have grown to love.

- ♥ If you're reasonably healthy and active you want to be able to come and go as you please, enjoying the freedom that comes from placing household maintenance and landscaping chores in the hands of others. Willow Brook's twin-single **homes and apartments**, available on two different campuses in Delaware, Ohio, are designed just for you. You have a choice of one or two bedrooms, with optional Florida rooms, basements, patios, fireplaces and vaulted ceilings, while someone else shovels the snow, rakes the leaves, mows the lawn and changes the light-bulbs.
- ♥ If you find you can do many things on your own but need a little help with cooking, remembering to take medicine, and perhaps bathing, then Willow Brook's **assisted living** centers might be just the ticket. In assisted living, each resident has her/his own private room and bath in a lovely setting. We help with those activities of daily living that you can no longer safely do on your own. All meals are provided, and you can select from the menu or choose the daily special. Your laundry is done weekly, you get help with bathing or medicine if you need it, and a nurse is on site 24 hours a day. The price is all-inclusive, so you don't have to worry about any end-of-the-month surprises.
- ♥ It's not a bit unusual for an older person who has been hospitalized with a severe illness or surgery to need a few weeks of **rehabilitation or skilled nursing** care before returning home. Willow Brook's nursing centers can help your loved one back to health again, and such stays are often covered by Medicare.
- ♥ Passages at Willow Brook is designed for people with Alzheimer's disease or other **memory disorders**. A safe, supervised and gentle place, Passages features private rooms and baths, personalized care, and an array of therapeutic services. The days are structured to provide activities that stimulate both mind and body while providing opportunities for socialization and participation in daily living activities.
- ♥ For the family who wishes to keep a loved one at home but needs help during the day, Willow Brook partners with Heritage Day Health Services to provide **adult day care** on our Village campus in Delaware.



A dynamic activities program enriches lives and encourages friendships.



Three amigas gain more than comfort from assisted living.



The Delaware Run cookie brigade delivers goodies to construction workers



A Passages resident enjoys the first rays of spring

Tree City Honors



A collaborative venture between the Stratford Ecological Center and Willow Brook's culinary department has residents planning, planting, weeding, watering, harvesting and eventually eating the organically-grown produce that is grown at the center just a couple miles away. In addition, time spent with the flowers is simply good for the soul!

Delaware Mayor Windell Wheeler, right, and Grounds & Facilities Director Steve Beard planted a tree on the lawn of Willow Brook Christian Village as part of Delaware's Tree City, USA festivities this spring. The Forrestry Association's event was held at Willow Brook Christian Village.



Gilliam-Brewu and Levings Earn Second Mile Awards

Leadership at Willow Brook means more than simply leading the way. It means making Willow Brook's mission your own and dedicating your career to it. It means showing by example. Walking the second mile. Making daily gifts of love. And it happens everywhere! The 2007 Second Mile Awards were presented to Pauline Gilliam-Brewu, a personal care aide second to none at Willow Brook Christian Home, and John Levings, bus driver and part-time maintenance man at Willow Brook Christian Village.

Expecting the Best, Preparing for the Worst

A year's worth of research and planning culminated in a disaster preparedness plan that has become a model for others across the state. Assisted living manager Susie Fleak, who led in the development of Willow Brook's plan, has served on a county task force developing Delaware County's disaster preparedness plan. She has presented seminars on how to conduct the planning process and related inservices to her colleagues at statewide professional conferences including the Ohio Assisted Living Association.



Pauline Gilliam-Brewu



John Levings

Now, that's Commitment!



The Centrum's senior staffers (l-r): Monique Lowery, LPN; Mindy Jones, LPN; Reva Ross, STNA; Susie Fleak, RN, Manager; Diana Renner, STNA & Scheduling Coordinator; Stacy Wheeler, STNA; Linda Needles, LPN; Janie Jordan, LPN; Marlene Andersen, ADC, Activities Director. Missing from photo are STNAs Lee Chopin, Jennifer Fleming and Sharon Sipek, LPN.

Willow Brook's Centrum assisted living center manager Susie Fleak, RN, was musing about the staying power of her staff, so she put pencil to paper to see how much seniority her most senior members had. The total? Get this – 166 years of Willow Brook service among 12 staff members! How's that for staying power? It's definitely a gift.



People at the Taste of Worthington food festival last year stood in line to try Willow Brook Christian Home's Shrimp Durango, which took first place honors. Join us this year on July 11 as we compete to retain our #1 standing for a third year in a row..



Nine Willow Brook employees were selected as AOPHA Stars through nominations submitted by residents, family members and coworkers and were treated to a special recognition luncheon in Worthington on March 31st. Pictured are in the back row from the Village: Susan Lawhon, housekeeper; Diana Renner, scheduling coordinator; Becky Nielsen, STNA; Linda Raber, activities assistant; Madelyn Turner, production cook; and Eric Radcliff, production cook from the Home. In the front row from the Home are David Chappell, administrator; Marie Colley, laundry; and Beverly Russell, STNA. Joelle Lonsbrough is not shown.



Longtime board member Harry Anderson (right) was honored by his fellow trustees for nearly twenty years of service. During his tenure he has served two terms as president, inspected construction projects to insure their conformance to codes and quality standards, and led by example as a financial supporter and a volunteer.



Board president Herman McHan (left in photo above and center in photo at left) congratulates Rick Brown (center) of Brown Calabretta Architects for that firm’s participation in every construction project undertaken by Willow Brook in the past thirty years. Thanking him for building in the surprises and “wow factors” such as hidden staircases and fish ponds in breezeways that have become hallmarks of Willow Brook properties, McHan commended Brown for his careful integration of each project with the site on which it “so naturally and comfortably sits.” Bill Pittman holds the proclamation above, CEO Larry Harris holds the one at left.

Willow Brook Leadership

Staff Leaders

Corporate Officers:

Larry Harris, *CEO*
 Janis Frey, *Director of Employee Relations*
 Terry Martini, *Director of Finance*
 Teri Ryan, *Director of Community Relations*

Willow Brook Christian Home:

David Chappell, *Nursing Home Administrator*
 Josie Montgomery, *Assisted Living Manager*

Willow Brook Christian Village

Susie Fleak, *Assisted Living Manager*
 Nicole Ketron, *Nursing Home Administrator*
 Kathi Paullin, *Village Manager*
 Heidi Reed, *Memory Care Manager*

Willow Brook at Delaware Run:

Carol Calkins, *Village Manager*

Board of Trustees

Herman McHan, Lisbon, OH, *President*
 Frank Chappell, Columbus, OH, *Vice-president*
 Phil Barth, Dublin, OH, *Secy/Treasurer*
 Leroy Bumpus, Centerburg, OH
 Peter Clark, Hilliard, OH
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 Scott Longo, Westerville, OH
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 William Pittman, Beavercreek, OH
 Carl Ward, Reynoldsburg, OH
 George Wellman, Columbus, OH
 Larry Wenger, *Village Representative*
 Lee Ward, *Delaware Run Representative*
 Ed Winter, *Village Alternate*

The Best!

Willow Brook Christian Village's health care center was named the best of Delaware in this Spring's Delaware Gazette Readers' Choice poll.

Among the wonderful things said about the Village were: *"If I were tied up for long and had to spend time resting up, that would be where I'd like to spend my time. It's clean, their staff is great and you won't find better facilities. They have numerous programs for those living there and the food is terrific."*

Thanks, Delaware!

Gifts of Love,

continued from page 3

program called "Stories with Larry," during which he tells a group of residents a little story about something from his childhood, talking about a favorite toy, a friend, or a trip, and then starts a discussion that brings out treasured but buried memories. "He's very good at being the shoulder they can lean on," says activities director Lora Blackhawk.

Richard Susi was honored as "our night watchman," according to CEO Larry Harris. Susi maneuvers his wheelchair throughout the building to signal the beginning and end of each day by turning on the music and lights each morning and dimming them in the evening.

He has carried out the task every day for more than seven years, missing only when his health prevents it. "Richard travels around making certain that all is well," says Harris. "He is a gentle person who is loved by all."

Perfection – Two Years Running

Willow Brook Christian Home's assisted living center recently received its second perfect score – no deficiencies – in as many years during its annual inspection by the Ohio Department of Health.

We're extremely proud of Josie Montgomery, her staff and everyone at Willow Brook Christian Home who had a hand in this accomplishment – it's almost unheard of!

Willow Brook Christian Communities

100 Willow Brook Way South, Delaware, Ohio 43015

Phone: (740) 369-0048 Fax: (740) 369-7034

The Willow Brook Campuses

Delaware, Ohio

Willow Brook Christian Village

100 Willow Brook Way, Delaware, Ohio 43015

Phone: (740) 369-0048 Fax: (740) 369-7034

- Independent Homes & Apartments
- The Centrum Assisted Living
- Passages Alzheimer's Care
- Cherith Skilled Nursing Care & Rehabilitation Center
- Heritage Day Health Center Adult Day Care
- The Courtyard Restaurant

Willow Brook at Delaware Run

100 Delaware Crossing West, Delaware, Ohio 43015

Phone: (740) 201-5640 Fax: (740) 201-5740

- Twin-single Homes
and under construction for occupancy mid-2009:
- Apartments
- Healthcare Center

Worthington, Ohio

Willow Brook Christian Home

55 Lazelle Road, Columbus, Ohio 43235

Phone: (614) 885-3300 Fax: (614) 885-8476

- Skilled Nursing & Rehabilitation
- Assisted Living
- The Grapevine Grill

www.willow-brook.org

Tributes

Gifts were made
in honor of:

Marlene A. Andersen
Hughes-Keenan Foundation
Eugene Bianchi
Barbara Ekelberry
Hazel B. Blöse
Dennis & Sharon Blöse
Patricia Blöse
Luella Buchanan
Robert McQuigg
Cherith Residents
Patricia Goff
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Melissa L. Pearson

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Frederick & Susan Vierow
Amenoto Fofanah
Yabom Kamara
Patricia A. Foley
Katherine Barkhurst
God
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Larry A. Harris
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Phillip & Sheryl Dowler

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Margaret L. Beard
Jean Flahive
Jim & Shirley Jackson
Mary Manley
William & Judith McCartney
David & Rosalie Miller
Helen J. Reppart

Memorial Gifts

Gifts in memory of someone who
has passed away were made by:

Len & Lavon Russell
Lois K. Smith
Mike & Carol Tatum
Robert & Mary Faye VanSickle
Village Residents Advisory Council
Larry & Marian Wenger
Clyde Wooley
Carl Boyer
Don & Yvonne Campbell
Ralph Bryant
Mary Bryant
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Donna J. Buchan
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Carl M. Brofft
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Virgil & Beverly Fiedler
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Shirley Rigor
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Vivian Compton
Alan & Louise Zink
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Geneva Connor
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Carl M. Brofft
Estelle Coriell
Eunice Coriell
Mary A. Coriell

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Estelle Coriell
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Margaret Cunningham
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Douglas & Evelyn Lee
Robert & Bette Meyer
David & Rosalie Miller
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Assanatu F. Sidibay
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Harvey L. Garner
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Marvel E. Jones
Lois K. Smith
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Russell Klein
Brenda Klein
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Thomas & Connie Burt
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William & Carol Crawford

Gifts of Love

November 8, 2007 through May 28, 2008

Dora L. Devers
Kenneth & Nanette Dickerson Family
F. Thomas & Judith Eggemeier
Eileen Emberton
Erickson Retirement Communities
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Marge Harrison
Luther & Dorothy Hedges
Huron County Retired Teachers Assn
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Arlene Palenshus
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Phyllis Wood
Clyde Wooley
Farrow J. Wylie
Eugene & Terry Martini
Margaret R. Wylie
Eugene & Terry Martini



Ed Ames received a valentine and grateful hugs from Centrum manager Susie Fleak, RN, and the staff for his ongoing generosity and gifts of love to Willow Brook Christian Village.



Reflections

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Reflections

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name from the Reflections
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Join Us!

Watch your mail for more information about these events.

- | | |
|-------------------------|---|
| June 25
2:00 pm | Preparing your Home for Sale – with <i>Consider it Done!</i> - advice on sorting and staging for a successful sale and move – Willow Brook Christian Village – tours of both the Village and Willow Brook at Delaware Run afterward. |
| July 11
5:00 pm | Taste of Worthington – Come to Worthington and support the chefs from Willow Brook Christian Home in this annual competition! |
| July 24
2:00 pm | Meet your Neighbors Picnic – Willow Brook at Delaware Run. |
| August 21
2:00 pm | Resident Art Show – Tour homes and view the work of resident artists at Willow Brook at Delaware Run & Willow Brook Christian Village. |
| September 25
2:00 pm | Harvest Food Demonstration – Chef John Lindeboom demonstrates, you taste, then tour twin-single homes and apartments at both Delaware locations. |
| October 14 | Senior Sharing Time – an inspirational day for seniors of faith. |