



Reflections

Nonprofit organization
U.S. postage paid
Permit #102
Delaware, Ohio

Reflections
is published quarterly by:
Willow Brook
Christian Communities
Editor: Teri Ryan

Send change of address to:
100 Willow Brook Way S.
Delaware, Ohio 43015

Address service requested

If you wish to remove your
name from the Reflections
mailing list, please contact
Lynn Zizzo at 740-369-0048.



REFLECTIONS

AUTUMN 2004
Volume 26 Number 3



**Willow Brook
Christian Communities**
100 Willow Brook Way South
Delaware, Ohio 43015
Phone: (740) 369-0048

Delaware, Ohio

Willow Brook Christian Village

- Independent Homes & Apartments
- The Centrum Assisted Living
- Passages Alzheimer's Care
- Cherith Skilled Nursing Care & Rehabilitation Center
- Heritage Day Health Center Adult Day Care
- The Courtyard Restaurant and coming soon:

Willow Brook Christian Village at Delaware Run

A second retirement community in development

Worthington, Ohio

Willow Brook Christian Home
55 Lazelle Road
Columbus, Ohio 43235

- Skilled Nursing & Rehabilitation
- Assisted Living
- The Grapevine Grill

www.willow-brook.org

Inside

Message from the CEO	2
Building Excitement	3
Memorial Gifts	4
Luella Buchanan	5
We're Stars!	6
Golf Scramble Benefit	6
Coming Up	6
Changing Needs, Options	7
Perfection's Never Boring	7
Senior Sharing Time	
Registration Form	7
Delaware Run Rally	8

A Gathering Time for Older Adults Mid-Ohio Senior Sharing Time "Adding Life to your Years"

Come join the fellowship on Tuesday, October 12, as we joyfully celebrate the senior years. Willow Brook is hosting our 14th annual Mid-Ohio Senior Sharing Time in the Terrace Room of Willow Brook Christian Village in Delaware, Ohio, from 9:00 am to 2:00 pm on that day.

Preachers Ronald D. Laughery, Dana Slingluff, and Leroy Bumpus will talk about "The Challenge of Aging," "What Seniors Can Do," and "Adding Life to your Years."

Started in 1991 by Willow Brook Christian Village as a ministry to local seniors, Senior Sharing Time has become an annual opportunity for older people of faith to gather in Christian support and love for others who are also addressing aging issues in their lives.



Ronald D. Laughery



Leroy Bumpus

The event includes a continental breakfast, luncheon, speakers, and song.

A registration form is on page 7 of this issue of *Reflections*. For more information contact Helen Reppart at 740-369-0048.



Dana Slingluff

Informational Rally

Willow Brook Christian Village at Delaware Run

A brand new retirement community planned for the west side of Delaware, Ohio

**Friday, October 8, 2004
2:00 pm**

in the Terrace Room
of Willow Brook Christian Village

*Hear the latest project updates
and learn how you can secure
your apartment or home as a
future Willow Brook Christian
Village at Delaware Run resident.*

RSVP to Helen Reppart at (740) 369-0048 by
October 6th if you plan to attend, or register online
at www.willow-brook.org



My Heart's Compass

by Larry Harris, CEO

Years ago when we were teenagers, my older brother and I raised pigeons. Rob and I kept dozens of them in an old chicken house out back. We never had chickens, but I'm assuming some prior occupant did, even though our old two-story house was smack in the middle of town. I guess that's how folks in Carthage, Missouri, provided breakfast for themselves back in the days before the A&P.

On one side of the old shed, across an open window, we built a chicken-wire exercise pen the size of a walk-in closet. Over another window, we fitted a one-way pigeon entrance, a sparse curtain of coat hanger wire that only hinged inward, to facilitate the entry of our birds when they returned from a race, or an afternoon of exercise around our end of town.

Each of those pigeons was a carefully crafted work of art, with sleek feathered coats of gray and tan, and shiny, iridescent heads that glinted jade to plum, depending on the angle of light.

Each day after school, we opened the door of their coop, and the birds would flutter out on squeaky wings, like the bats of Carlsbad. We would watch them circle the neighborhood in a loose cluster at 200 feet. They would rise and tumble in the drafts, dipping and swerving as they skimmed the sky in pure celebration of freedom. They loved those afternoon frolics. But always, as the sun was swallowed by a hungry horizon, they would come home.

Sometimes on a Saturday, Rob and I would drive a few of our best flyers miles out into the countryside, past yellow fields, across lazy rivers in cool, dark valleys, to territory none of the birds had ever seen. Then we would open the hatch on their cage. With no coaxing, they would empty out, circle overhead a few turns as they got their bearings, then head off in the vague direction of home.

We'd tear back in Rob's black '62 Impala. Some of the birds would be waiting on their perches with a look that said, "What was *that* all about? Are you nuts?" The rest would trickle in as the afternoon drew down. Almost never would one go missing.

Rob and I always knew we had witnessed a miracle on those Saturdays so long ago.

That old leaky shed proved a powerful draw for our pigeons. It was a place of safety and food, familiar sounds and smells, comfort and unquestioning acceptance. Many had been hatched there. For them, it was the center of the universe. It was home.

Like one of my pigeons from those Saturdays of my youth, my heart's compass is always set for home. Give me a few moments alone on my back deck on a cool September evening, or a brief respite at my desk in the middle of a punishing day, when I can clear my head of the pressing clutter that cages my heart and defines my existence, my thoughts readily find their way back home.

I'm not talking about an address in Missouri, or anywhere else. I'm talking about easy memories of

people and times in my life that fit me well. Pigeon races with my brother, papering the nursery with Janet, watching my dad mix paint for a customer in his shop, helping my daughter

with her math, crying with Janet over our cat Taffy, as we buried him among the roses in the backyard. These memories of people and places I have known I will pack with me to my journey's end. That, for me, is home.

Looking back now through the long lens of time, I'm wondering if my pursuit of memories doesn't generate from the same longings that led those pigeons back to their roost. Maybe there is some inbred gyrocompass in our makeup, a wonder of existence shared by all beings, that compels us to seek out the places and times that brought solace. Memories of love and acceptance enfolded in the welcoming arms of days gone by. A state of serene comfort we call home.

Larry Harris
Chief Executive Officer
Willow Brook
Christian Communities
Contact Larry on-line at
larryharris@willow-brook.org



"Like one of my pigeons from those Saturdays of my youth, my heart's compass is always set for home."

Perfection's Never Boring

The Ohio Department of Health arrived on July 19 for its annual, unannounced inspection of Cherith Care Center and Passages Alzheimer's unit at Willow Brook Christian Village in Delaware, Ohio. A team of four surveyors spent three days looking at everything from daily nursing care to laundry and housekeeping. And once again, we came out nearly perfect.

Other than rearranging tables in a lunch room and removing the second shelf from closets, we need to make no changes.

Most important, in the areas of nursing, resident care, housekeeping, laundry and recordkeeping, not a single deficiency was found.

In the past year, all three of Willow Brook's state inspections have yielded perfect or near-perfect scores.



Changing Needs, Changing Options

Even for the healthiest of us, our health status continually changes. Sometimes we're fit as a fiddle; sometimes things break. We may be perfectly fine on our own ninety-nine percent of the time but occasionally, particularly after illness or surgery, we might need a little help before returning to life as we knew it.

One of the benefits of residence at Willow Brook is that no matter how much or little assistance you need, it's available to you. If you have knee or hip surgery, for example, you can get top notch rehabilitation therapies from the skilled nurses and therapists at the Cherith Care Center in Willow Brook Christian Village or at Willow Brook Christian Home. Then, once you've recovered enough to manage more independently you can return to your home, whether it's in the community or at one of Willow Brook's campuses.

It works both ways.

No matter where you live at Willow Brook, if your condition worsens and you need a little more help with activities of daily living, you have wonderful options available to you without ever leaving the building or the campus. And because Willow Brook is Medicare and Medicaid certified, you may find that your physical and financial status qualify you for some financial help, too.

Senior Sharing Time Registration Form

Name(s) _____
Address _____
City, State, Zip _____
Telephone _____ Number Attending _____
Home Church _____

Please return by October 4 to: Senior Sharing Time, Willow Brook Christian Village
100 Willow Brook Way South, Delaware, OH 43015
or register on-line at www.willow-brook.org



Golf Scramble Benefits Home

The 17th Annual Roy & Eunice Rogers Golf Scramble for Willow Brook Christian Home was held at Willow Run Golf Course on Saturday, July 24. One hundred forty-three golfers participated in the event which netted \$ 9,200 for Willow Brook Christian Home. Event organizer Alan Rogers named the outing after his parents, Eunice and Roy. Eunice is the office manager of Willow Brook Christian Home.

“Some of the residents of this Home are on Medicaid, and Medicaid doesn’t pay the full cost of care,” explains Eunice. “The proceeds of our golf tournament are used to make up the difference.” Over the years, hundreds of people have been able to remain at Willow Brook Christian Home because of the generosity of time and spirit shared by the Rogers family.

Eunice & Roy Rogers, on the left, and Alan Rogers on the right, flank the 2004 winners of this year’s golf scramble: Greg Hall, Larry Wolf, Gene Parsley and Mark Clark

Coming Up

October 8	Delaware Run Rally	Village Terrace Room
October 12	Senior Sharing Time	Village Terrace Room
October 22	Senior Health Fair	Genoa Baptist Church
November 6	Board of Trustees	Willow Brook Christian Home

We’re Stars!

Willow Brook Christian Village resident Alice Scott assures Kayron Charlesworth that the second piece of pie is really for a friend at the “premiere” of Gordon Food Service’s new training film “Customer Service for Healthcare Communities: Creating the Wow Experience.” Willow Brook Christian Village, our residents and our food service staff hosted production of the video and many had roles. GFS brought the film to the Village’s Terrace Room for its premiere on August 19, and then served a variety of desserts as a thank-you to residents and staff.



Building Excitement



Willow Brook Christian Home construction progress as of September 3, 2004.

Assisted Living Coming Soon

We are only weeks away from opening the new assisted living wing of Willow Brook Christian Home near Columbus, Ohio. Nearly a year in the making, the assisted living service will enable residents to live as independently as possible in their own private rooms for as long as possible before their conditions require moving to the skilled care unit.

Even in skilled care, each resident will continue to enjoy the privacy of roommate-free living, with the added benefit that skilled care is often covered by Medicare or Medicaid if a person has the qualifying disability and financial status.



Delaware Run Interest Growing

According to manager Carol Calkins, 84 percent of the 51 town homes and 36 percent of the 81 apartments at Willow Brook’s new retirement village under development on the west side of Delaware, Ohio, have been reserved with down payments. Not bad, considering ground hasn’t even been broken yet!

The land is still in its natural state now, but soon we will break ground for phase one of Willow Brook Christian Village at Delaware Run.



Delaware Run, on West William Street in Delaware, Ohio, is the site for the third Willow Brook Christian Community, Willow Brook Christian Village at Delaware Run.

HELP WANTED

Assisted Living Director

Admissions, activities, and general loving oversight for our brand new assisted living floor. Great step-up opportunity for an activities director.

Willow Brook Christian Home

55 Lazelle Road
Columbus, OH 43235
614-885-3300
www.willow-brook.org

Memorial Gifts

July 15 – September 9, 2004

Margot Bailey
Shawn Hayes

Beatrice Cowans
Narcissia Starks

Clyde Decker
Delmas & Beulah Gibbons

Josephine Gray
Charles & Mary Angeletti
Paula Arensberg

Donald & Paula Baur
Anthony Campolo
James & Mary Destazio
Michael Destazio
Early, Ludwick & Sweeney
Agnes Fallon

Douglas Gray
Velma Gray
Richard & Linda Henry
Marie Hummel & Family
Chris & Nan Irwin
Louise Irwin
John & Dora Kollar
Dennis & Kathy Marini
Michael & Mary Moore
Stephen & Nancy Pintz
Joseph & Suzanne Sforza

Lester Henry
Bonnie & Rosemary Henry

Virgil & Bonnie Henthorne
Delmas & Beulah Gibbons

Bernadine Hoskin
Jan & Nancy Larson

Jerry Martini
Eugene & Terry Martini

Wallace Noel
Shawn Hayes

Eileen Schroeder
Joseph & Donna Goulding

Farrow & Margaret Wylie
Eugene & Terry Martini



Christy Brice & Janet Davies

**Willow Brook
Christian Home**
55 Lazelle Road
Columbus, OH 43235
just east of Route 23
2 miles north of I-270
614-885-3300
www.willow-brook.org

After Assisted Living ... without leaving the building

Do you worry how Mom will take yet another move if she gets to the point that she needs more care than assisted living can provide? That's not a problem at Willow Brook Christian Home.

At Willow Brook, your loved one can reside in a lovely private room in the assisted living wing for as long as she is able.

Then, when she needs more help with bathing, dressing or eating, she can continue to live in a lovely private room, but in our skilled nursing wing. And in skilled care

she may qualify for Medicare or Medicaid coverage.

It can be good for her and good for you, too . . .

- wRemain in a familiar setting
- wNo searching for a new home
- wNo transport to a new location
- wAll private rooms in both assisted living and skilled care
- wMedicare and Medicaid certified

*When it's someone you love,
making the right decision
brings you peace of mind.*

*Proudly serving north Columbus and
southern Delaware County since 1972*

Celebrating Luella's Centennial

For Luella Buchanan, August of 2004 was a month-long party. Of course, when you turn a hundred years old and are surrounded by friends and family, celebrations are to be expected. Celebrate she did – even Willard Scott sent her on-air greetings from The Today Show.

It started on August 7, when her family, friends and the community assembled for an open house at Willow Brook. Delaware mayor Windell Wheeler arrived and proclaimed it Luella Buchanan Day.

A week later Luella's "lunch bunch" friends from her days in assisted living at The Centrum, the Village's assisted living wing, took her out to eat at their favorite spot, The Brown Jug, in downtown Delaware. There she was serenaded by owner Ed. By the time her *real* birthday came, on August 23, Luella was ready for a more relaxed celebration. Birthday cake was plenty.



Luella Buchanan, 100, and friends

another house, and my husband fixed it up until it was just beautiful. We lived there many years."

They had two daughters, Lois and Ruth, seven grandchildren and several great-grandchildren, she's not quite sure how many.

Luella continues to be active at Cherith, the skilled care wing where she lives. Always wearing the visor you see in the photo above, she had to be coaxed into removing it for the photographer. "Luella attends and participates in activities and Resident Council meeting,s" says administrator Nicole Ketron. Activities Directors Marlene Andersen and Connie McNeal agree, citing the award Luella received this summer for a project submitted to AOPHA's Central Ohio arts and crafts competition.

Luella attributes her long life to the fact that she never smoked or drank. Her genetic heritage didn't hurt either – she had a great-great grandmother and a great aunt who lived into their hundreds. Her vice? "Well, I guess my temper," she admits.

As Willow Brook joins her friends and family in celebrating Luella Buchanan's hundredth birthday, we think maybe that temper of her youth could actually have been pure determination and spunk. After all, living to be a hundred requires it.

Luella Thomas was born in Wheeling, West Virginia, in 1904, and her family moved to Canton, Ohio, when she was 13.

Her dad, Walter, was a plumber, and her mother, Rilla McCahan, raised five children. "I've seen so many changes!" exclaims Luella. "We went from lamplight to gas lights to electric lights. Mother always baked her own bread, five loaves at a time. Oh, I loved baking day! I had typhoid fever at age 12, and mother was always trying to fatten me up. I always got to have the heels of the bread because I loved them and she wanted me to gain weight."

Luella met Ralph Buchanan on a blind date picnic in 1926. "He fell for me right away," she proclaims with a touch of pride. "He kinda had to court me a bit, but he did so many nice things for me I couldn't help falling in love with him."

They were married the following year at the Methodist church where she was the secretary. "The Depression was terrible," Luella recalls. "We lost our house and Mother took us in. She let me put my grand piano in her living room. It was a terrible time, but we recovered. Later we found

