



# *Passages Family Connections*

A Newsletter  
for the Family and Friends  
of Passages Residents

March 2010

Dear Friends,

Welcome to March 2010. As I gaze out the window I wonder if spring really is “right around the corner”. The snow is still blanketing the rich earth and its hidden treasures. I also wonder if we might be hiding those Easter eggs in the snow this year. On a bright note, the days are becoming longer and on March 14 we will spring forward an hour. A few days later on March 20, spring will arrive. Visions of crocuses and daffodils are beginning to dance in my head.

We'll be keeping busy regardless of the weather. Here are some March highlights.

- March 1 Gingersnap dancers will entertain with an all green St. Patty's show
- March 2 A special visit from a special Lassie dog along with Paula her owner
- March 8 We'll be in the kitchen making soup one more time before spring arrives
- March 9 We're headed to Dublin for lunch at Cici's Pizza ... mmmm!
- March 16 Our annual Shamrock Shakedown Kids Party with lot of cute leprechauns
- March 15 We'll be sharpening our artistic skills as we prep for the AOPHA show
- March 16 The Willow Brook Singers will be filling our afternoon with melodies
- March 17 Find your favorite green duds and join us for our annual St Patty's party
- March 18 Our annual St. Patty's Scavenger Hunt ... "Olde Dublin" here we come
- March 19 An afternoon outing ... it's time to eat the donuts
- March 22 Delchimer Bell Choir... beautiful music for our afternoon
- March 29 We'll be in the kitchen in the morning making banana cream pie then sharing it with our Centrum friends for our sociable lunch

March 31 Easter egg coloring with Lisa and Lucy ... with Easter just a few days away we need to get busy!

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**And now a message from Larry Harris**

A huge thank-you goes to the maintenance staff at all three campuses, whose dedication and commitment to our safety has been repeatedly tested this winter. They, their plows, and their shovels have performed spectacularly, and we are grateful.

The annual "Gift of Love Award" honors a volunteer from each Willow Brook Community. Please take the time to nominate a volunteer for their exceptional service to our residents. (See the attached nomination form)

***Dates to mark on your calendar:***

Our next **Family Night** is planned for **Wednesday, March 10, at 6:30 pm** in the Passages Activity Room. One of our goals for Family Night is to make memory albums for our residents. We thought it might be fun to invite families in to join us and be part of this activity.

Our next **Family Blessings** meeting is planned for **Monday, March 22, at 1:00 pm** in the conference room. Whether you are a new member of our Willow Brook family or have been a long standing one, please know you are welcome to join us. It is a way to help both you and your loved one cope with the challenges of this stage of life.

You've probably noticed the "Fun with Lisa and Lucy" on our activity calendar. Lisa and Lucy are the mother-daughter, dynamic duo who volunteer with us Wednesday mornings. Their warm hearts and willing hands are an incredible blessing to our Passages residents. We've shared many memory making moments together and are eagerly anticipating sharing many more.

Another activity that appears frequently on our calendar is "Breakfast Bunch". This activity usually takes place on a Thursday when I prepare breakfast in our activity room. So far our menu has included eggs in a nest, bacon, pancakes, bacon, hash brown casserole, bacon, sausage gravy and biscuits and bacon. Our residents love waking up to the sizzling sound and the wonderful smell of bacon! Who doesn't, right? I love to try new recipes so if you have a family favorite pass it on to me and I'll give it a try. It can be for any meal, not just breakfast.

If you have any questions don't hesitate to contact me! You can always reach me at: [lraber@willow-brook.org](mailto:lraber@willow-brook.org) at 740-369-0048 (ext 1151).

Blessings,

Linda Raber  
Passages Activities Leader