

Lunch at The Courtyard

Salads & Soups

WILLOW BROOK HOUSE SALAD

1.75 small 4.00 large

Fresh, crisp greens, sweet grape tomatoes, shredded carrots, chopped egg, bacon, shredded cheese, red onion and homemade croutons. Then add one or more of the proteins listed below for a whole different dimension:

<i>signature marinated grilled chicken</i>	\$6.00	<i>grilled, sliced sirloin steak</i>	\$7.00
<i>house-made albacore tuna salad</i>	\$6.00	<i>grilled, skewered shrimp</i>	\$8.00
<i>hand-dipped marinated chicken tenders</i>	\$6.00	<i>grilled salmon fillet</i>	\$8.00

CHEF'S SALAD

6.00

Fresh, crisp greens topped with julienne of roasted turkey and ham, cheddar cheese, eggs, bacon, sweet grape tomatoes, black olives and homemade croutons

TURKEY PECAN SALAD PLATE

6.00

A scoop of our own turkey salad recipe that includes red seedless grapes and toasted pecans on a bed of lettuce accompanied by fresh fruit & banana nut bread

SALAD PLATE CREATION

6.00

Create your own salad plate, choosing two of the following: fruit salad, tuna salad, Waldorf salad, turkey pecan salad, or egg salad, and a slice of banana nut bread

SALAD DRESSING CHOICES: *Bleu cheese, Italian, ranch, fat-free raspberry vinaigrette, fat-free ranch, poppyseed, French, balsamic vinaigrette, and mango chardonnay*

SIDES: *cole slaw, cottage cheese, applesauce, fresh fruit or Waldorf salad*

1.50

HOUSE TOMATO SOUP

1.50 cup 2.50 bowl

SOUP DU JOUR

1.50 cup 2.50 bowl

BEVERAGES:

1.00

Iced tea, lemonade, orange juice, apple juice, prune juice, cranberry juice, Coke, Diet Coke, 7-Up, coffee (regular or decaffeinated)



We strive to honor all special requests, and cooking methods can be altered to meet specified dietary needs; please ask your server. We cook with olive oil and fry in 50% peanut oil and 50% vegetable oil.

♥ = low fat and low salt.

**Remember, eating raw or undercooked beef may increase your health risk.*

Groups of eight or more will be on one ticket.

Please - no tipping.

Sandwich Selections

All sandwiches are served a la carte. Sandwich platters include your choice of French fries or mashed potatoes and gravy, and your choice of house-made cole slaw, fresh fruit, cottage cheese, applesauce or Waldorf salad.

HALF SANDWICH & CUP OF SOUP	5.00
<i>Your choice of BLT, tuna salad, egg salad, or chicken salad with a cup of soup.</i>	
CLASSIC BLT	5.00
<i>Tender strips of bacon, thick fresh tomato slice, and garden-fresh lettuce on your choice of toasted bread.</i>	
GRILLED CHICKEN SANDWICH	5.00
<i>Boneless breast of chicken, lightly marinated and grilled, then served with lettuce and tomato on a sourdough-dusted Kaiser roll.</i>	
NORTH ATLANTIC HADDOCK FILLET	5.00
<i>Flash-fried on a Kaiser bun with lettuce, tomato and lemon tartar sauce.</i>	
GRILLED HAM & CHEESE	5.00
<i>An old favorite! Shaved ham and Swiss cheese on deli-style bread.</i>	
TUNA MELT	5.00
<i>Fresh-made tuna salad served on grilled Texas toast with cheddar cheese and tomato slice.</i>	
THE COURTYARD BURGER*	6.00
<i>Fresh ground sirloin grilled to order with your choice of toppings (onion, lettuce, tomato, pickles) and your choice of American, cheddar or Monterey jack cheese.</i>	
PATTY MELT	6.00
<i>Another old favorite – ground sirloin patty served on grilled rye bread with sauteed onion and Swiss cheese.</i>	
HOT ROAST BEEF SANDWICH	6.00
<i>Served open-faced on Texas-style toast with mashed potatoes, gravy and choice of one side.</i>	
GRILLED SALMON FILLET	6.50
<i>Boneless, skinless Norwegian salmon fillet grilled and served on a kaiser bun with pesto mayo.</i>	
HAND-DIPPED CHICKEN TENDERS	6.00
<i>With apricot dipping sauce. Served plain or as a sandwich with pesto mayo – available as a wrap, too!</i>	

The Courtyard's Signature Sandwiches

CHICKEN CORDON BLEU WRAP	6.00
<i>Courtyard's signature sandwich – fried chicken tenderloins, shaved ham, Swiss cheese, lettuce, tomato & dijon mayonnaise rolled in a flour tortilla</i>	
GRILLED FRESH VEGGIE WRAP	6.00
<i>Sauteed fresh mushrooms, onions, peppers and summer squash with Monterey jack cheese and olive tapenade in a warmed flour tortilla</i>	