



July 2010

Dear Friends,

July is upon us, although June has certainly given us some hot and humid spells! Along with the sun and heat ahead, a passing thundershower will be a welcome relief! There is nothing like the fragrance in the air after a rain. If we are really lucky, we may even see a fleeting rainbow in the east!

Summer is the time for picnics, family, garden hoses and fond memories. How many of us have sneaked a sip of cool water right from the hose? That to me is summer!

Speaking of memories... We will be making lots of new ones here at the Centrum. Just read on and picture our coming adventures in your mind.

July 2 Patriotic ice cream social in the Terrace Room -- Uncle Sam will be there!

July 6 Birthday lunch for our celebrated special residents!

July 7 "Zumba" Gold Exercise will be offered each Wednesday at 3:00pm

July 8 Eileen Stimpert's salt & pepper collection will amaze everyone!

July 9 Across the USA "road trip" begins in colonial Williamsburg, Virginia

July 12 Donna Able will be playing the piano in her own special way. Come and see!

July 13 White Castle Lunch Bunch trip and a ride in the country, that's a day well spent!
Jack the golden-doodle will be doing his tricks before supper!

July 14 Men's Lunch, our monthly guys' get-together, fixing the world's troubles again!

July 16 Jersey Shore Road Trip: The Beach, Cape May ... places you've never been!

July 19 Golden Notes Singers ... that renowned group from the heart of Delaware County.

- July 20 Trip to Velvet Ice Cream & picnic lunch in Utica, Ohio. A fun-packed day!
- July 23 NASCAR road trip ... rev-up your engines and hang on for wild ride (in your armchair)!
- July 26 Patio lunch overlooking the pond. Let's enjoy the day and feed the fish, too!
- July 27 Tour of historical Delaware and a KFC lunch, a home-town treat!
- July 28 Great Ohio inventors and pineapple coolers what a combo!
- July 30 Disney road trip -- the happiest place on earth! Come & wish upon a star.

Willow Brook residents received 20 ribbons at the AOPHA Regional Art & Writing Show on June 24. The annual competition was held at Friendship Village in Columbus. Residents of the three campuses and Heritage Day Health Center submitted more than 50 entries in this year's event, and we congratulate them for their efforts and fine talents!

Our next **Family Blessings** meeting is planned for Monday July 26th, at 1:00 pm in the conference room. Whether you are a new member to our Willow Brook family or have been a long standing one, please come and join us. It's a way to help both you and your loved one cope with life in The Centrum. You are most welcome!

If you have any questions don't hesitate to contact me!
You can always reach me at: mandersen@willow-brook.org or at 740-368-4694.

Blessings for a healthy and happy summer.

With love,

Marlene A. Andersen, ADC
Director of Resident Life Activities

"Let the peace of God rule in your hearts" – Colossians 3:15