

July, 2010

among friends



A Newsletter
for the Residents of
Willow Brook
Christian Village
Delaware, Ohio
740-369-0048

Meet your Neighbor

Meet Alvin and Betty Stein. When asked how they found out about Willow Brook they replied that they watched it grow from the ground up. Prior to moving to Willow Brook, they lived in Wesleyan Woods. Al and Betty currently reside in the Village Commons apartments.

Alvin was born and raised in Springfield, Ohio. His father was a Lutheran minister and his mother a homemaker. He has three brothers and three sisters. Along with his father, Al has two brothers and a brother-in-law who were Lutheran ministers.

After graduating from high school, Al attended Capital University, where he received his Bachelor of Science in Education. He then spent another four years at the seminary where he was ordained a Lutheran minister. He has served parishes in Wisconsin, and in Jackson Center and Upper Sandusky, Ohio. He most recently was the assistant pastor at St. Mark's Lutheran Church in Delaware. By his calculation, he has performed 500 marriages and 500 funerals during his tenure as a minister.

Betty was born and raised in Greenville, Ohio. Her father owned and operated a feed and seed store and her mother was a homemaker. She is an only child.

After graduating from high school she too attended Capital University. Her father's one word of advice before she left was "do not marry a preacher." Betty and Al were married shortly after graduating from Capital. They recently celebrated their 60th wedding anniversary and want to thank everyone for all the lovely greeting cards. What a surprise!

Along with raising two daughters, Susan and Julie, Betty taught kindergarten for 29 years. They also have three grandsons.

The Steins have traveled to every state with the exception of Washington and Oregon.

Al enjoyed playing golf and sponsoring church softball teams. Betty enjoys knitting and jigsaw and crossword puzzles.



Alvin & Betty Stein

News and Happenings

THE ZUMBA GOLD EXERCISE PROGRAM has started off with a bang! This fitness program is innovative, fun and exciting. It is designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be physically limited. It is a low intensity exercise plan that uses Latin styles of music and dance. These free and fun classes are held the **2nd and 4th** Wednesday of each month. Come and see what it's all about!

NOTE TO PET OWNERS: Please do not allow your pet to sit or climb on the furniture in any of the common areas of the building.

IF YOU WEAR A PENDANT, please remember to remove it when you leave the Willow Brook campus. The pendant is only helpful to us in locating you when you are in your home or on the Willow Brook campus.

NURSE PRACTITIONER Alicia Martinez-Spencer has changed the date and time that she will be available at Willow Brook. The new day and time will be **Wednesdays from 9:30-11:30 a.m.** If you wish to schedule an appointment, please call Lauri Mosher at the front desk at 369-0048. Village Commons residents may dial 1111.

COMPUTER SERVICES are available to all Willow Brook residents. If you need help with setting up, using or fixing your computer, please stop by the front desk for a Technology Services Request form. Ed Nice, our IT specialist, will contact you for an appointment. He will discuss his fees with you at that time.

Wireless internet connection is available in the for guests and residents living in the Village Commons apartments.

LUNCH BUNCH will travel to Digger & Finch near the Columbus Zoo on Wednesday, July 14th.

On Thursday, July 29th, a trip to the Statford Ecological Center is planned with a private tour of the grounds and farm. Lunch will be at the Delaware Golf Club. Watch for flyers for departure time for both events.

MEDICARE CLASSES are offered monthly at the Council for Older Adults on Cheshire Road. This class is open to anyone who wants to learn more about Medicare. They are held on the second Wednesday of each month from 10 a.m. to noon. Please call the Council for Older Adults at 740-363-6677 to register or for more information.

DONUT HOLE REBATE: One provision of the healthcare reform act signed into law in March is a \$250 rebate to people covered by Medicare who reach the coverage gap in their 2010 Part D coverage. There is no application process or form to complete in order to receive the rebate. Part D plan sponsors must notify CMS of beneficiaries who qualify for the new rebate. CMS sent a first round of checks directly to qualified people in June. A second round of checks will be sent in September for those who are newly qualified. It is wise to perform a checkup of your prescription drug coverage every year. The Council for Older Adults has trained insurance specialist to assist you with additional information and help you explore low-cost way to access the prescription drugs you may need. If you would like further information or to set an appointment with the insurance specialist, please call the Council at 740-363-6677.

FREE SUMMER CHORE SERVICES are available through the Council for Older Adults. The program provides free services for residents of Delaware County who are age 60 or older and who may need some special assistance with minor painting, household chores and/or yard chores. The program will be available through August 6. Applications can be obtained by calling the Council at 363-6677.

HARMONY IN THE PARK SERIES are free concerts that are held in the Bicentennial Park (corner of Park & Franklin Streets in Delaware) on Sunday evenings. This is the 21st year of this series. Bring lawn chairs. All concerts are from 7-8 p.m. The schedule is also posted on the bulletin board in the front lobby. You may photocopy it if you wish.

July 11	Buckeye Valley Alumni Band
July 18	Trombones Plus
July 25	Razzamatazz and Jazz
August 1	Ice Cream Social (5-8 p.m.)
	5:00 Andrew Shaw & Company
	6:00 Side by Side
	7:00 Art's Jazz Group
August 8	Bob Ford & the Ragamuffins
August 15	Cross connection
August 22	Worthington Concert Band
August 29	Sweet Adelines and Olentangy Men's Chorus
September 6	Loosely Strung

DOWNTOWN DELAWARE CONCERTS are held once a month on Thursdays, in the park area on the corner between Hoggy's and Amato's Wood-fired Pizza. The next one is July 15th from noon to 2 p.m.

ENTRY FORMS FOR THE ANNUAL HERITAGE DAY QUILT SHOW are available on the counter in the front lobby. The show will be held August 14, 2010, at the Senior Center on Cheshire Road. Questions, please call Martha Warner at 740-363-5745.

TAKE ME OUT TO THE BALLGAME on Wednesday, August 4th at noon. Cost is \$8.00. A stadium lunch of hot dog, turkey dog or peanut butter & jelly sandwich, chips, fruit and drink is \$4.50. The bus will leave the Village at 10:40 a.m. Sign-up sheet is available on the counter in the lobby. Payment is due to Jim Jackson by July 23.

A FREE CONCERT IN THE PARK at Gallant Woods is scheduled for July 15th. Listen to Clear Run play gospel, country, blue grass and big band. Bring your lawn chairs and snacks. The bus will leave the Village at approximately 6:00 p.m. and Delaware Run at approximately 6:17. Sign-up sheet is available on the counter in the front lobby.

IF YOU ARE INTERESTED IN knowing more about a 45-minute weekly fitness session taught by Larry Cox, former gymnastics coach at The Ohio State University, please sign the form on the counter in the front lobby. The estimated cost is \$60.00 for ten sessions. Date and time to be determined.

ASSISTED LIVING ACTIVITIES:

July 12

Donna Able on the piano at 1:30 in the assisted activity room

July 19

Golden Notes Singers at 1:30 in the assisted activity room

Business Hours for:

Wellness office

Tuesday 9-12, Wednesday 1-4, Thursday 9-12

Delaware County Bank & Trust

Wednesday & Friday 10-12

Nurse Practitioner

Every Wednesday morning 9:30 - 11:30 BY APPOINTMENT ONLY

Call the front desk at 369-0048 or extension 1111 to schedule

THANK YOU

“Thank you for the cards, notes and words of condolence in honor of my mother, Elsie Plummer, after her recent death.”

-EVALYN & ANDY ANDERSON

“Another year to celebrate, many reasons to smile. Thanks to all of you who sent cards and birthday wishes my way, you are truly a gift and one of the many reasons I smile! With heartfelt thanks.”

-LUCILLE REINHARD

“There are not enough ways to say thank you for the kindness and caring you sent my way during my recent time in recovery. Your cards, notes, prayers, and visits brightened my day and gave me hope. I am so glad to have returned here and am excited to see you all again. Thank you many times over.”

-REBECCA SHEETS

“Thank you, thank you, thank you! My birthday was really memorable this year. The waitresses in the dining room gave it a special touch. You all mean so much to me.”

-MARIAN WENGER

HAPPY BIRTHDAY TO THE FOLLOWING RESIDENTS!

July 3 - Helen Harris
July 6 - Eugene Anderson
July 7 - Helen McLin
July 8 - Ray Nally
July 9 - Jim Jackson
July 10 - Dale Bichsel & Ethel Bilbo
July 11 - Peg Dlouhy
July 12 - Evalyn Anderson
July 19 - Connie Whitaker
July 26 - Jan Teller & Irma Extenkamper
July 31 - Jean Flahive & Milton Morrison

Meet a Staff Member

Meet Lee Chopin. Lee came to work for Willow Brook in May, 2000 and as worked as a personal care attendant and a STNA (state tested nursing assistant).

Lee was born and raised in Memphis, Tennessee. Her father worked in a steel plant and her mother worked in a meat market. She has one older brother and one younger.

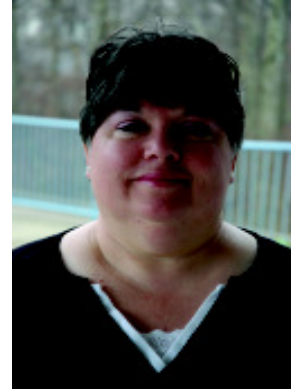
After graduating from high school, Lee married her husband, Larry, and they have 2 boys, Brad and Scott, and four grandchildren.

Prior to coming to Willow Brook, Lee has worked for other retirement communities as a personal care attendant. She has also worked private duty as a STNA.

Lee enjoys bird watching, cooking and spending time with her grandchildren - especially at the zoo.

She travels frequently to Mississippi, Tennessee and Florida to visit family.

Lee was recently awarded Willow Brook's Second Mile Award and the AOPHA's Facility Stars award.



From your Executive Director

Congratulations to our Willow Brook artist and writers for their fine talent! There were 20 ribbons awarded at the AOPHA Regional Art and Writing Show on June 24th. The annual competition was held at Friendship Village in Columbus.

Village ribbon recipients are as follows:

Betsy Johnson	3rd place	Photography
Centrum, Passages & Cherith Residents	1st place	Special Cooperative
Cherith Residents	3rd place	Special Cooperative Art
Earl Condit	1st place	Special Fine Art
Elizabeth Conant	1st place	Small Quilted Works
Centrum Creative Writers	1st place	Cooperative Writing
Paul & Kathleen Granger	2nd place	Cooperative Writing

The winners will go to the state show in August! The items will be on display in the Gathering Place after the state competition. Good Luck!

Come and support Willow Brook Christian Home in the "A Taste of Worthington" event on July 9th. Our wonderful chefs will be serving a delicious entree. In the years past, Willow Brook has beat out some of the top restaurants in Worthington!

My door is always open. Please feel free to stop in to just say hello or if you have a suggestions...I am always available.

Warm wishes,

Nicole